

Torneio de Abertura - ABS  
Leiria, 9.10.2010

1 - 1ª Jornada - 1ª Sessão

09-10-2010 - 9:30

Prova 1  
09-10-2010 - 9:30

Femin., 4 x 50m Livres

Infantil B  
Resultados

Pontos: FINA 2010

Lugar			Tempo final	Pts
1.	Académico de Leiria Inf	Académico de Leiria	<b>2:32.93</b>	
	PEREIRA, Joana Sousa 99	32.55 GOMES, Bruna Martinho 99		
	MARTINS, Carolina Santos 99	38.22 PECA, Sara Conceicao 99		

Prova 1  
09-10-2010 - 9:30

Femin., 4 x 50m Livres

Infantil A  
Resultados

Pontos: FINA 2010

Lugar			Tempo final	Pts
1.	Académico de Leiria Inf	Académico de Leiria	<b>2:28.38</b>	
	CANHAO, Patricia Domingues 98	36.62 LEAL, Catarina Goncalves 98		31.56
	PEREIRA, Sofia Silva 98	38.49 DIAS, Catarina Oliveira 98		41.71

Prova 1  
09-10-2010 - 9:30

Femin., 4 x 50m Livres

Juvenil  
Resultados

Pontos: FINA 2010

Lugar			Tempo final	Pts
1.	BA Leiria Juv	Bairro dos Anjos	<b>2:09.42</b>	
	PEREIRA, Bruna Filipa 97	32.77 TEODOSIO, Marina Nicolina 97		32.05
	DUARTE, Kelly Silva 97	32.65 RELVA, Melissa Cardoso 97		31.95

Prova 1  
09-10-2010 - 9:30

Femin., 4 x 50m Livres

Junior  
Resultados

Pontos: FINA 2010

Lugar			Tempo final	Pts
1.	Núcleo Pombal Jun	Núcleo de Pombal	<b>2:12.99</b>	
	GONCALVES, Carolina Santana 95	33.66 LOPES, Isabel Goncalves 96		35.29
	SANTOS, Cristiana Ferreira 95	32.55 LIMA, Cristiana Andreia 95		31.49

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 1, Femin., 4 x 50m Livres

Prova 1 Femin., 4 x 50m Livres Senior  
09-10-2010 - 9:30 Resultados

Pontos: FINA 2010

Lugar				Tempo final	Pts
1. BA Leiria Sen		Bairro dos Anjos		<b>1:56.04</b>	
BRITO, Ana Marisa	90	29.61	CRUZ, Sara Francisco	93	28.78
ANJOS, Andreia Filipa	92	29.15	DIAS, Mariana Mota	92	28.50

Prova 1 Femin., 4 x 50m Livres Absolutos  
09-10-2010 - 9:30 Resultados

Pontos: FINA 2010

Lugar				Tempo final	Pts
1. BA Leiria ABS		Bairro dos Anjos		<b>2:05.00</b>	
LISBOA, Adriana Filipa	92	29.77	MARQUES, Catarina Costa e	95	33.36
SILVA, Mara Lisboa e	93	29.33	CARVALHO, Jessica Andreia	96	32.54
2. Núcleo Pombal ABS		Núcleo de Pombal		<b>2:19.91</b>	
HENRIQUES, Carolina Quintas	97	35.55	CRAVO, Isabel Catarino	98	35.28
DUARTE, Mariana Jorge	97	37.06	MATIAS, Beatriz Gameiro	97	32.02

Prova 2 Masc., 4 x 50m Livres Infantil B  
09-10-2010 - 9:35 Resultados

Pontos: FINA 2010

Lugar				Tempo final	Pts
1. Académico de Leiria Inf		Académico de Leiria		<b>2:16.72</b>	
RODRIGUES, Diogo Filipe	98	33.66	REPOLHO, Goncalo Manuel	98	34.91
TENREIRO, Ricardo Luis	98	37.39	CLEMENTE, Bernardo Santos	98	30.76

Prova 2 Masc., 4 x 50m Livres Infantil A  
09-10-2010 - 9:35 Resultados

Pontos: FINA 2010

Lugar				Tempo final	Pts
1. OP Inf A		Obidos Patrimonium		<b>2:03.21</b>	
RIBEIRO, Alexandre Silva	97	28.23	RODRIGUES, Pedro Jesus	97	33.09
TOMAS, Duarte Lourenco	97	31.61	QUERIDO, Ricardo Baptista	97	30.28
2. Académico de Leiria Inf		Académico de Leiria		<b>2:08.00</b>	
MARQUES, Filipe Oliveira	97	29.88	GOMES, Filipe Miguel	97	31.45
ELISEU, Antonio Fonseca	97	34.01	FILIFE, Bernardo Joao	97	32.66

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Leiria, 9.10.2010

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Prova 2, Masc., 4 x 50m Livres

Prova 2 Masc., 4 x 50m Livres Juvenil B  
09-10-2010 - 9:35 Resultados

Pontos: FINA 2010

Lugar			Tempo final	Pts
1. BA Leiria Juv B		Bairro dos Anjos	<b>1:58.50</b>	
MARQUES, Fábio Ferreira	96	CUNHA, Lourenco Manuel	96	28.58
NUNES, Miguel Belo	96	SOUSA, Tiago Sequeira	96	28.40

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Prova 2 Masc., 4 x 50m Livres Juvenil A  
09-10-2010 - 9:35 Resultados

Pontos: FINA 2010

Lugar			Tempo final	Pts
1. BA Leiria Juv A		Bairro dos Anjos	<b>1:50.78</b>	
NETO, Walter Marcos	95	GOMES, Pedro dos Santos	95	29.48
NETO, Diogo Ferreira	95	TABORDA, Bruno Filipe	95	27.52

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Prova 2 Masc., 4 x 50m Livres Junior  
09-10-2010 - 9:35 Resultados

Pontos: FINA 2010

Lugar			Tempo final	Pts
1. BA Leiria Jun		Bairro dos Anjos	<b>1:46.72</b>	
OLIVEIRA, Filipe Rosa de	93	DOMINGUES, Diogo Manuel	94	27.77
SOUSA, Andre Ribeiro de	94	ALEXANDRE, Miguel Polidoro	94	25.44

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Prova 2 Masc., 4 x 50m Livres Senior  
09-10-2010 - 9:35 Resultados

Pontos: FINA 2010

Lugar			Tempo final	Pts
1. BA Leiria Sen		Bairro dos Anjos	<b>1:43.27</b>	
ALMEIDA, Ivo Monico de	91	GODINHO, Helder Alexandre	86	25.94
CUSTODIO, Raul Jose	88	PEREIRA, Tiago Filipe	91	26.45

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Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 2, Masc., 4 x 50m Livres

Prova 2 Masc., 4 x 50m Livres Absolutos  
09-10-2010 - 9:35 Resultados

Pontos: FINA 2010

Lugar			Ano		Tempo final				Pts
1.	Núcleo Pombal ABS		Núcleo de Pombal		<b>2:08.77</b>				
	FERNANDES, Diogo Miguel	96	33.81	MODERNO, Edi Couto	95			35.33	
	FERREIRA, Guilherme Domingues	96	33.26	CINTRAO, Pedro Rafael	96			26.37	

Prova 3 Femin., 400m Livres Infantil B  
09-10-2010 - 9:40 Resultados

Pontos: FINA 2010

Lugar			Ano		Tempo final				Pts
1.	PEREIRA, Joana Sousa		99 Académico de Leiria		<b>5:27.68</b>				
	50m:	36.97 36.97	150m:	1:59.37 41.89	250m:	3:23.67 41.26	350m:	4:47.82 42.04	
	100m:	1:17.48 40.51	200m:	2:42.41 43.04	300m:	4:05.78 42.11	400m:	5:27.68 39.86	
2.	FERREIRA, Ana Sofia		99 Pimpões/Cimai		<b>5:35.53</b>				
	50m:	37.70 37.70	150m:	2:01.66 42.80	250m:	3:27.38 42.52	350m:	4:53.88 43.08	
	100m:	1:18.86 41.16	200m:	2:44.86 43.20	300m:	4:10.80 43.42	400m:	5:35.53 41.65	
3.	MENDES, Tania Cristina		99 Vieiraense		<b>5:40.60</b>				
	50m:	35.72 35.72	150m:	2:00.29 43.69	250m:	3:28.12 44.08	350m:	4:57.58 44.68	
	100m:	1:16.60 40.88	200m:	2:44.04 43.75	300m:	4:12.90 44.78	400m:	5:40.60 43.02	
4.	MONTEIRO, Frederica Dinis		99 Pimpões/Cimai		<b>6:01.14</b>				
	50m:	38.59 38.59	150m:	2:06.37 44.29	250m:	3:39.78 47.33	350m:	5:13.54 47.43	
	100m:	1:22.08 43.49	200m:	2:52.45 46.08	300m:	4:26.11 46.33	400m:	6:01.14 47.60	

Prova 3 Femin., 400m Livres Infantil A  
09-10-2010 - 9:40 Resultados

Pontos: FINA 2010

Lugar			Ano		Tempo final				Pts
1.	LEAL, Catarina Goncalves		98 Académico de Leiria		<b>5:17.03</b>				
	50m:	35.34 35.34	150m:	1:54.03 40.51	250m:	3:16.00 41.16	350m:	4:37.82 40.85	
	100m:	1:13.52 38.18	200m:	2:34.84 40.81	300m:	3:56.97 40.97	400m:	5:17.03 39.21	
2.	SANTOS, Marcia Jacinto		98 Pimpões/Cimai		<b>5:32.55</b>				
	50m:	38.02 38.02	150m:	2:03.09 42.28	250m:	3:27.73 41.74	350m:	4:51.73 41.50	
	100m:	1:20.81 42.79	200m:	2:45.99 42.90	300m:	4:10.23 42.50	400m:	5:32.55 40.82	
3.	CRAVO, Isabel Catarino		98 Núcleo de Pombal		<b>6:34.78</b>				
	50m:	39.31 39.31	150m:	2:19.31 51.47	250m:	4:03.57 50.71	350m:	5:46.87 52.28	
	100m:	1:27.84 48.53	200m:	3:12.86 53.55	300m:	4:54.59 51.02	400m:	6:34.78 47.91	

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
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Prova 3, Femin., 400m Livres

Prova 3 Femin., 400m Livres Juvenil  
09-10-2010 - 9:40 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. TEODOSIO, Marina Nicolina	97 Bairro dos Anjos	<b>5:18.02</b>	
50m: 34.90 34.90 150m: 1:52.43 39.72 250m: 3:14.68 41.29 350m: 4:37.96 41.49			
100m: 1:12.71 37.81 200m: 2:33.39 40.96 300m: 3:56.47 41.79 400m: 5:18.02 40.06			
2. RUIVACO, Liane Saraiva	97 Veiense	<b>5:38.41</b>	
50m: 36.67 36.67 150m: 2:01.34 42.67 250m: 3:28.99 43.96 350m: 4:57.89 43.75			
100m: 1:18.67 42.00 200m: 2:45.03 43.69 300m: 4:14.14 45.15 400m: 5:38.41 40.52			
3. MATIAS, Beatriz Gameiro	97 Núcleo de Pombal	<b>5:45.72</b>	
50m: 38.44 38.44 150m: 2:04.14 43.48 250m: 3:34.05 44.99 350m: 5:03.07 43.92			
100m: 1:20.66 42.22 200m: 2:49.06 44.92 300m: 4:19.15 45.10 400m: 5:45.72 42.65			
4. PARREIRA, Maria Miguel	97 Veiense	<b>5:46.07</b>	
50m: 38.33 38.33 150m: 2:03.83 43.05 250m: 3:32.30 44.14 350m: 5:01.82 44.82			
100m: 1:20.78 42.45 200m: 2:48.16 44.33 300m: 4:17.00 44.70 400m: 5:46.07 44.25			
5. PEREIRA, Bruna Filipa	97 Bairro dos Anjos	<b>5:46.88</b>	
50m: 36.94 36.94 150m: 1:59.81 42.82 250m: 3:29.75 45.39 350m: 5:01.47 46.07			
100m: 1:16.99 40.05 200m: 2:44.36 44.55 300m: 4:15.40 45.65 400m: 5:46.88 45.41			
6. DUARTE, Mariana Jorge	97 Núcleo de Pombal	<b>6:13.56</b>	
50m: 39.97 39.97 150m: 2:14.00 47.39 250m: 3:50.56 48.15 350m: 5:27.70 48.67			
100m: 1:26.61 46.64 200m: 3:02.41 48.41 300m: 4:39.03 48.47 400m: 6:13.56 45.86			

Prova 3 Femin., 400m Livres Junior  
09-10-2010 - 9:40 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. LIMA, Cristiana Andreia	95 Núcleo de Pombal	<b>5:09.13</b>	
50m: 34.05 34.05 150m: 1:52.05 39.51 250m: 3:12.27 40.36 350m: 4:32.38 39.54			
100m: 1:12.54 38.49 200m: 2:31.91 39.86 300m: 3:52.84 40.57 400m: 5:09.13 36.75			
2. CARVALHO, Jessica Andreia	96 Bairro dos Anjos	<b>5:23.88</b>	
50m: 36.08 36.08 150m: 1:58.03 41.42 250m: 3:21.27 41.64 350m: 4:44.00 41.40			
100m: 1:16.61 40.53 200m: 2:39.63 41.60 300m: 4:02.60 41.33 400m: 5:23.88 39.88			
3. GONCALVES, Carolina Santana	95 Núcleo de Pombal	<b>5:34.00</b>	
50m: 37.61 37.61 150m: 2:01.35 42.35 250m: 3:26.80 42.41 350m: 4:52.65 42.52			
100m: 1:19.00 41.39 200m: 2:44.39 43.04 300m: 4:10.13 43.33 400m: 5:34.00 41.35			
DSQ LOPES, Isabel Goncalves	96 Núcleo de Pombal		
<i>A nadadora desistiu aos 175 metros</i>			
DNS ROSA, Bruna Denise	96 Veiense		

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 3, Femin., 400m Livres

Prova 3  
09-10-2010 - 9:40

Femin., 400m Livres

Senior  
Resultados

Pontos: FINA 2010

Lugar			Ano					Tempo final	Pts
1.	SILVA, Mara Lisboa e		93	Bairro dos Anjos				<b>4:47.58</b>	
	50m:	33.72 33.72	150m:	1:46.35	36.66	250m:	2:59.36 36.39	350m:	4:11.78 36.06
	100m:	1:09.69 35.97	200m:	2:22.97	36.62	300m:	3:35.72 36.36	400m:	4:47.58 35.80
2.	DIAS, Mariana Mota		92	Bairro dos Anjos				<b>4:48.24</b>	
	50m:	33.42 33.42	150m:	1:45.85	36.42	250m:	2:58.83 36.46	350m:	4:11.98 36.50
	100m:	1:09.43 36.01	200m:	2:22.37	36.52	300m:	3:35.48 36.65	400m:	4:48.24 36.26
3.	ANJOS, Andreia Filipa		92	Bairro dos Anjos				<b>4:55.50</b>	
	50m:	34.22 34.22	150m:	1:49.40	38.07	250m:	3:04.70 37.25	350m:	4:18.64 36.89
	100m:	1:11.33 37.11	200m:	2:27.45	38.05	300m:	3:41.75 37.05	400m:	4:55.50 36.86
4.	CRUZ, Sara Francisco		93	Bairro dos Anjos				<b>4:56.96</b>	
	50m:	34.71 34.71	150m:	1:49.80	37.74	250m:	3:04.72 37.07	350m:	4:19.43 37.50
	100m:	1:12.06 37.35	200m:	2:27.65	37.85	300m:	3:41.93 37.21	400m:	4:56.96 37.53
5.	LISBOA, Adriana Filipa		92	Bairro dos Anjos				<b>5:06.09</b>	
	50m:	34.41 34.41	150m:	1:49.55	38.22	250m:	3:07.78 39.41	350m:	4:26.96 39.58
	100m:	1:11.33 36.92	200m:	2:28.37	38.82	300m:	3:47.38 39.60	400m:	5:06.09 39.13
6.	GONCALVES, Jessica Courelas		93	Núcleo de Pombal				<b>6:01.09</b>	
	50m:	38.51 38.51	150m:	2:06.54	45.04	250m:	3:40.64 47.25	350m:	5:15.37 47.47
	100m:	1:21.50 42.99	200m:	2:53.39	46.85	300m:	4:27.90 47.26	400m:	6:01.09 45.72

Prova 3  
09-10-2010 - 9:40

Femin., 400m Livres

Absolutos  
Resultados

Pontos: FINA 2010

Lugar			Ano					Tempo final	Pts
1.	SILVA, Mara Lisboa e		93	Bairro dos Anjos				<b>4:47.58</b>	
	50m:	33.72 33.72	150m:	1:46.35	36.66	250m:	2:59.36 36.39	350m:	4:11.78 36.06
	100m:	1:09.69 35.97	200m:	2:22.97	36.62	300m:	3:35.72 36.36	400m:	4:47.58 35.80
2.	DIAS, Mariana Mota		92	Bairro dos Anjos				<b>4:48.24</b>	
	50m:	33.42 33.42	150m:	1:45.85	36.42	250m:	2:58.83 36.46	350m:	4:11.98 36.50
	100m:	1:09.43 36.01	200m:	2:22.37	36.52	300m:	3:35.48 36.65	400m:	4:48.24 36.26
3.	ANJOS, Andreia Filipa		92	Bairro dos Anjos				<b>4:55.50</b>	
	50m:	34.22 34.22	150m:	1:49.40	38.07	250m:	3:04.70 37.25	350m:	4:18.64 36.89
	100m:	1:11.33 37.11	200m:	2:27.45	38.05	300m:	3:41.75 37.05	400m:	4:55.50 36.86
4.	CRUZ, Sara Francisco		93	Bairro dos Anjos				<b>4:56.96</b>	
	50m:	34.71 34.71	150m:	1:49.80	37.74	250m:	3:04.72 37.07	350m:	4:19.43 37.50
	100m:	1:12.06 37.35	200m:	2:27.65	37.85	300m:	3:41.93 37.21	400m:	4:56.96 37.53
5.	LISBOA, Adriana Filipa		92	Bairro dos Anjos				<b>5:06.09</b>	
	50m:	34.41 34.41	150m:	1:49.55	38.22	250m:	3:07.78 39.41	350m:	4:26.96 39.58
	100m:	1:11.33 36.92	200m:	2:28.37	38.82	300m:	3:47.38 39.60	400m:	5:06.09 39.13

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

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Leiria, 9.10.2010

Prova 3, Femin., 400m Livres, Absolutos

Lugar			Ano			Tempo final			Pts	
6.	LIMA, Cristiana Andreia		95	Núcleo de Pombal		<b>5:09.13</b>				
	50m:	34.05 34.05	150m:	1:52.05	39.51	250m:	3:12.27	40.36	350m:	4:32.38 39.54
	100m:	1:12.54 38.49	200m:	2:31.91	39.86	300m:	3:52.84	40.57	400m:	5:09.13 36.75
7.	LEAL, Catarina Goncalves		98	Académico de Leiria		<b>5:17.03</b>				
	50m:	35.34 35.34	150m:	1:54.03	40.51	250m:	3:16.00	41.16	350m:	4:37.82 40.85
	100m:	1:13.52 38.18	200m:	2:34.84	40.81	300m:	3:56.97	40.97	400m:	5:17.03 39.21
8.	TEODOSIO, Marina Nicolina		97	Bairro dos Anjos		<b>5:18.02</b>				
	50m:	34.90 34.90	150m:	1:52.43	39.72	250m:	3:14.68	41.29	350m:	4:37.96 41.49
	100m:	1:12.71 37.81	200m:	2:33.39	40.96	300m:	3:56.47	41.79	400m:	5:18.02 40.06
9.	CARVALHO, Jessica Andreia		96	Bairro dos Anjos		<b>5:23.88</b>				
	50m:	36.08 36.08	150m:	1:58.03	41.42	250m:	3:21.27	41.64	350m:	4:44.00 41.40
	100m:	1:16.61 40.53	200m:	2:39.63	41.60	300m:	4:02.60	41.33	400m:	5:23.88 39.88
10.	PEREIRA, Joana Sousa		99	Académico de Leiria		<b>5:27.68</b>				
	50m:	36.97 36.97	150m:	1:59.37	41.89	250m:	3:23.67	41.26	350m:	4:47.82 42.04
	100m:	1:17.48 40.51	200m:	2:42.41	43.04	300m:	4:05.78	42.11	400m:	5:27.68 39.86
11.	SANTOS, Marcia Jacinto		98	Pimpões/Cimai		<b>5:32.55</b>				
	50m:	38.02 38.02	150m:	2:03.09	42.28	250m:	3:27.73	41.74	350m:	4:51.73 41.50
	100m:	1:20.81 42.79	200m:	2:45.99	42.90	300m:	4:10.23	42.50	400m:	5:32.55 40.82
12.	GONCALVES, Carolina Santana		95	Núcleo de Pombal		<b>5:34.00</b>				
	50m:	37.61 37.61	150m:	2:01.35	42.35	250m:	3:26.80	42.41	350m:	4:52.65 42.52
	100m:	1:19.00 41.39	200m:	2:44.39	43.04	300m:	4:10.13	43.33	400m:	5:34.00 41.35
13.	FERREIRA, Ana Sofia		99	Pimpões/Cimai		<b>5:35.53</b>				
	50m:	37.70 37.70	150m:	2:01.66	42.80	250m:	3:27.38	42.52	350m:	4:53.88 43.08
	100m:	1:18.86 41.16	200m:	2:44.86	43.20	300m:	4:10.80	43.42	400m:	5:35.53 41.65
14.	RUIVACO, Liane Saraiva		97	Vieirense		<b>5:38.41</b>				
	50m:	36.67 36.67	150m:	2:01.34	42.67	250m:	3:28.99	43.96	350m:	4:57.89 43.75
	100m:	1:18.67 42.00	200m:	2:45.03	43.69	300m:	4:14.14	45.15	400m:	5:38.41 40.52
15.	MENDES, Tania Cristina		99	Vieirense		<b>5:40.60</b>				
	50m:	35.72 35.72	150m:	2:00.29	43.69	250m:	3:28.12	44.08	350m:	4:57.58 44.68
	100m:	1:16.60 40.88	200m:	2:44.04	43.75	300m:	4:12.90	44.78	400m:	5:40.60 43.02
16.	MATIAS, Beatriz Gameiro		97	Núcleo de Pombal		<b>5:45.72</b>				
	50m:	38.44 38.44	150m:	2:04.14	43.48	250m:	3:34.05	44.99	350m:	5:03.07 43.92
	100m:	1:20.66 42.22	200m:	2:49.06	44.92	300m:	4:19.15	45.10	400m:	5:45.72 42.65
17.	PARREIRA, Maria Miguel		97	Vieirense		<b>5:46.07</b>				
	50m:	38.33 38.33	150m:	2:03.83	43.05	250m:	3:32.30	44.14	350m:	5:01.82 44.82
	100m:	1:20.78 42.45	200m:	2:48.16	44.33	300m:	4:17.00	44.70	400m:	5:46.07 44.25
18.	PEREIRA, Bruna Filipa		97	Bairro dos Anjos		<b>5:46.88</b>				
	50m:	36.94 36.94	150m:	1:59.81	42.82	250m:	3:29.75	45.39	350m:	5:01.47 46.07
	100m:	1:16.99 40.05	200m:	2:44.36	44.55	300m:	4:15.40	45.65	400m:	5:46.88 45.41
19.	GONCALVES, Jessica Courelas		93	Núcleo de Pombal		<b>6:01.09</b>				
	50m:	38.51 38.51	150m:	2:06.54	45.04	250m:	3:40.64	47.25	350m:	5:15.37 47.47
	100m:	1:21.50 42.99	200m:	2:53.39	46.85	300m:	4:27.90	47.26	400m:	6:01.09 45.72

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 3, Femin., 400m Livres, Absolutos

Lugar	Ano	Tempo final	Pts
20. MONTEIRO, Frederica Dinis	99 Pimpões/Cimai	<b>6:01.14</b>	
50m: 38.59 38.59 150m: 2:06.37 44.29 250m: 3:39.78 47.33 350m: 5:13.54 47.43			
100m: 1:22.08 43.49 200m: 2:52.45 46.08 300m: 4:26.11 46.33 400m: 6:01.14 47.60			
21. DUARTE, Mariana Jorge	97 Núcleo de Pombal	<b>6:13.56</b>	
50m: 39.97 39.97 150m: 2:14.00 47.39 250m: 3:50.56 48.15 350m: 5:27.70 48.67			
100m: 1:26.61 46.64 200m: 3:02.41 48.41 300m: 4:39.03 48.47 400m: 6:13.56 45.86			
22. CRAVO, Isabel Catarino	98 Núcleo de Pombal	<b>6:34.78</b>	
50m: 39.31 39.31 150m: 2:19.31 51.47 250m: 4:03.57 50.71 350m: 5:46.87 52.28			
100m: 1:27.84 48.53 200m: 3:12.86 53.55 300m: 4:54.59 51.02 400m: 6:34.78 47.91			
DSQ LOPES, Isabel Goncalves	96 Núcleo de Pombal		
<i>A nadadora desistiu aos 175 metros</i>			
DNS ROSA, Bruna Denise	96 Vieiraense		

Prova 4  
09-10-2010 - 10:05

Masc., 400m Livres

Infantil B  
Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. TORMENTA, Bernardo Monteiro	98 Clube Naval de Peniche/AXA	<b>5:18.45</b>	
50m: 35.40 35.40 150m: 1:56.61 41.43 250m: 3:19.07 41.20 350m: 4:40.74 40.58			
100m: 1:15.18 39.78 200m: 2:37.87 41.26 300m: 4:00.16 41.09 400m: 5:18.45 37.71			
2. CARRICO, Antonio Fernandes	98 Pimpões/Cimai	<b>5:20.47</b>	
50m: 35.30 35.30 150m: 1:56.44 41.32 250m: 3:19.11 41.26 350m: 4:41.35 40.86			
100m: 1:15.12 39.82 200m: 2:37.85 41.41 300m: 4:00.49 41.38 400m: 5:20.47 39.12			
3. FERNANDES, Tiago Santos	98 Pimpões/Cimai	<b>5:38.64</b>	
50m: 35.48 35.48 150m: 2:00.40 43.24 250m: 3:31.61 45.56 350m: 5:00.25 43.24			
100m: 1:17.16 41.68 200m: 2:46.05 45.65 300m: 4:17.01 45.40 400m: 5:38.64 38.39			
4. OLIVEIRA, Tiago Ricardo	98 Clube Naval de Peniche/AXA	<b>5:43.85</b>	
50m: 37.71 37.71 150m: 2:04.13 44.15 250m: 3:33.50 44.36 400m: 5:43.85 1:26.46			
100m: 1:19.98 42.27 200m: 2:49.14 45.01 300m: 4:17.39 43.89			
5. KHOMENKO, Dmytro	98 Académico de Leiria	<b>5:46.74</b>	
50m: 36.21 36.21 150m: 1:59.74 43.58 250m: 3:30.98 45.18 350m: 5:02.89 45.40			
100m: 1:16.16 39.95 200m: 2:45.80 46.06 300m: 4:17.49 46.51 400m: 5:46.74 43.85			
6. RODRIGUES, Diogo Filipe	98 Académico de Leiria	<b>5:52.91</b>	
50m: 41.57 41.57 150m: 2:11.82 44.33 250m: 3:42.05 45.55 350m: 5:11.82 44.39			
100m: 1:27.49 45.92 200m: 2:56.50 44.68 300m: 4:27.43 45.38 400m: 5:52.91 41.09			
7. VASCONCELOS, Joao Francisco	98 Académico de Leiria	<b>6:02.82</b>	
50m: 39.25 39.25 150m: 2:09.61 46.45 250m: 3:42.84 45.98 400m: 6:02.82 44.67			
100m: 1:23.16 43.91 200m: 2:56.86 47.25 350m: 5:18.15 1:35.31			
8. REPOLHO, Goncalo Manuel	98 Académico de Leiria	<b>6:09.16</b>	
50m: 38.69 38.69 150m: 2:11.67 47.05 250m: 3:46.63 47.11 350m: 5:26.00 52.58			
100m: 1:24.62 45.93 200m: 2:59.52 47.85 300m: 4:33.42 46.79 400m: 6:09.16 43.16			

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 4, Masc., 400m Livres, Infantil B

Lugar			Ano					Tempo final	Pts		
9.	STASHKO, Nazar		98	Pimpões/Cimai				<b>6:25.25</b>			
	50m:	42.06 42.06	150m:	2:21.13	50.05	250m:	4:00.25	50.19	350m:	5:39.46	48.97
	100m:	1:31.08 49.02	200m:	3:10.06	48.93	300m:	4:50.49	50.24	400m:	6:25.25	45.79
10.	BRANDAO, Pedro Reis		98	Pimpões/Cimai				<b>6:32.01</b>			
	50m:	41.82 41.82	150m:	2:22.68	50.82	250m:	4:03.08	49.91	350m:	5:44.32	50.59
	100m:	1:31.86 50.04	200m:	3:13.17	50.49	300m:	4:53.73	50.65	400m:	6:32.01	47.69
11.	FORTUNATO, Andre Silva		98	Pimpões/Cimai				<b>6:42.57</b>			
	50m:	48.68 48.68	200m:	3:22.74	1:41.74	300m:	5:04.57	51.23	400m:	6:42.57	48.08
	100m:	1:41.00 52.32	250m:	4:13.34	50.60	350m:	5:54.49	49.92			

Prova 4 Masc., 400m Livres Infantil A Resultados

09-10-2010 - 10:05

Pontos: FINA 2010

Lugar			Ano					Tempo final	Pts		
1.	MARQUES, Filipe Oliveira		97	Académico de Leiria				<b>4:50.10</b>			
	50m:	31.67 31.67	150m:	1:43.99	36.89	250m:	2:57.43	36.78	350m:	4:12.94	37.77
	100m:	1:07.10 35.43	200m:	2:20.65	36.66	300m:	3:35.17	37.74	400m:	4:50.10	37.16
2.	CORREIA, Joao Mota		97	Pimpões/Cimai				<b>4:55.57</b>			
	50m:	33.29 33.29	150m:	1:47.09	37.25	250m:	3:02.42	37.84	350m:	4:18.42	37.76
	100m:	1:09.84 36.55	200m:	2:24.58	37.49	300m:	3:40.66	38.24	400m:	4:55.57	37.15
3.	SANTOS, Joao Paris		97	Pimpões/Cimai				<b>5:05.40</b>			
	50m:	33.93 33.93	150m:	1:50.09	38.54	250m:	3:09.03	39.85	350m:	4:27.39	39.38
	100m:	1:11.55 37.62	200m:	2:29.18	39.09	300m:	3:48.01	38.98	400m:	5:05.40	38.01
4.	GONCALVES, Joao Courelas		97	Núcleo de Pombal				<b>5:13.89</b>			
	50m:	33.47 33.47	150m:	1:51.57	39.37	250m:	3:12.63	40.81	350m:	4:34.93	41.02
	100m:	1:12.20 38.73	200m:	2:31.82	40.25	300m:	3:53.91	41.28	400m:	5:13.89	38.96
5.	COUTINHO, Pedro Miguel		97	Vieirense				<b>5:15.50</b>			
	50m:	33.52 33.52	150m:	1:50.49	39.65	250m:	3:13.85	42.06	350m:	4:35.25	40.04
	100m:	1:10.84 37.32	200m:	2:31.79	41.30	300m:	3:55.21	41.36	400m:	5:15.50	40.25
6.	JERONIMO, Ricardo Contreiras		97	Núcleo de Pombal				<b>5:22.71</b>			
	50m:	35.87 35.87	150m:	1:57.01	41.53	250m:	3:20.73	42.26	350m:	4:45.30	42.48
	100m:	1:15.48 39.61	200m:	2:38.47	41.46	300m:	4:02.82	42.09	400m:	5:22.71	37.41
7.	GOMES, Filipe Miguel		97	Académico de Leiria				<b>5:23.39</b>			
	50m:	34.73 34.73	150m:	1:57.04	42.45	250m:	3:21.17	42.53	350m:	4:44.45	41.93
	100m:	1:14.59 39.86	200m:	2:38.64	41.60	300m:	4:02.52	41.35	400m:	5:23.39	38.94
8.	MARQUES, Jose Rafael		97	Pimpões/Cimai				<b>5:26.99</b>			
	50m:	37.44 37.44	150m:	2:01.97	41.92	250m:	3:26.26	41.04	350m:	4:48.13	40.67
	100m:	1:20.05 42.61	200m:	2:45.22	43.25	300m:	4:07.46	41.20	400m:	5:26.99	38.86
9.	FERRAZ, Francisco Maria		97	Pimpões/Cimai				<b>5:31.45</b>			
	50m:	37.07 37.07	150m:	2:00.88	41.98	250m:	3:26.16	42.37	350m:	4:51.14	42.13
	100m:	1:18.90 41.83	200m:	2:43.79	42.91	300m:	4:09.01	42.85	400m:	5:31.45	40.31

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 4, Masc., 400m Livres, Infantil A

Lugar	Ano	Tempo final	Pts
10. GOMES, Vasco Gameiro	97 Núcleo de Pombal	<b>6:22.07</b>	
50m: 40.63 40.63	200m: 3:02.82 1:36.95	300m: 4:40.28 48.69	400m: 6:22.07 46.67
100m: 1:25.87 45.24	250m: 3:51.59 48.77	350m: 5:35.40 55.12	

Prova 4 Masc., 400m Livres Juvenil B  
09-10-2010 - 10:05 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. SOUSA, Tiago Sequeira	96 Bairro dos Anjos	<b>4:54.86</b>	
50m: 33.17 33.17	150m: 1:47.34 37.57	250m: 3:03.08 37.71	350m: 4:19.38 37.81
100m: 1:09.77 36.60	200m: 2:25.37 38.03	300m: 3:41.57 38.49	400m: 4:54.86 35.48
2. CUNHA, Lourenco Manuel	96 Bairro dos Anjos	<b>4:55.01</b>	
50m: 32.23 32.23	150m: 1:46.57 37.94	250m: 3:03.00 37.98	350m: 4:18.52 37.23
100m: 1:08.63 36.40	200m: 2:25.02 38.45	300m: 3:41.29 38.29	400m: 4:55.01 36.49
3. MARQUES, Fábio Ferreira	96 Bairro dos Anjos	<b>5:00.07</b>	
50m: 32.87 32.87	150m: 1:48.31 38.46	250m: 3:05.61 38.51	350m: 4:23.83 39.09
100m: 1:09.85 36.98	200m: 2:27.10 38.79	300m: 3:44.74 39.13	400m: 5:00.07 36.24
4. LAMANDE, Jose Antonio	96 Vieiraense	<b>5:09.18</b>	
50m: 33.99 33.99	150m: 1:50.46 39.15	250m: 3:10.03 40.17	350m: 4:30.83 41.04
100m: 1:11.31 37.32	200m: 2:29.86 39.40	300m: 3:49.79 39.76	400m: 5:09.18 38.35
5. NUNES, Miguel Belo	96 Bairro dos Anjos	<b>5:15.38</b>	
50m: 34.98 34.98	150m: 1:54.76 40.63	250m: 3:16.71 41.34	350m: 4:37.45 40.36
100m: 1:14.13 39.15	200m: 2:35.37 40.61	300m: 3:57.09 40.38	400m: 5:15.38 37.93
6. CASALEIRO, Claudio Patricio	96 Vieiraense	<b>5:20.49</b>	
50m: 35.47 35.47	150m: 1:56.21 41.00	250m: 3:17.78 40.54	350m: 4:40.89 41.42
100m: 1:15.21 39.74	200m: 2:37.24 41.03	300m: 3:59.47 41.69	400m: 5:20.49 39.60
7. FERREIRA, Guilherme Domingues	96 Núcleo de Pombal	<b>5:22.42</b>	
50m: 36.07 36.07	150m: 1:55.95 40.38	250m: 3:19.26 42.31	350m: 4:42.69 41.78
100m: 1:15.57 39.50	200m: 2:36.95 41.00	300m: 4:00.91 41.65	400m: 5:22.42 39.73
8. ROMANO, Marcelo Germano	96 Vieiraense	<b>5:27.41</b>	
50m: 35.65 35.65	150m: 1:57.82 41.84	250m: 3:22.37 42.27	350m: 4:46.12 41.24
100m: 1:15.98 40.33	200m: 2:40.10 42.28	300m: 4:04.88 42.51	400m: 5:27.41 41.29
9. FERNANDES, Diogo Miguel	96 Núcleo de Pombal	<b>5:35.91</b>	
50m: 35.65 35.65	150m: 1:59.89 43.19	250m: 3:25.96 42.53	350m: 4:54.17 44.25
100m: 1:16.70 41.05	200m: 2:43.43 43.54	300m: 4:09.92 43.96	400m: 5:35.91 41.74

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 4, Masc., 400m Livres

Prova 4 Masc., 400m Livres Juvenil A  
09-10-2010 - 10:05 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. TABORDA, Bruno Filipe	95 Bairro dos Anjos	<b>4:54.00</b>	
50m: 32.48 32.48	150m: 1:45.81 37.43	250m: 3:01.74 37.79	350m: 4:17.24 37.48
100m: 1:08.38 35.90	200m: 2:23.95 38.14	300m: 3:39.76 38.02	400m: 4:54.00 36.76
2. NETO, Walter Marcos	95 Bairro dos Anjos	<b>4:58.78</b>	
50m: 32.05 32.05	150m: 1:46.82 38.00	250m: 3:04.00 38.43	350m: 4:21.27 38.74
100m: 1:08.82 36.77	200m: 2:25.57 38.75	300m: 3:42.53 38.53	400m: 4:58.78 37.51
3. GOMES, Pedro dos Santos	95 Bairro dos Anjos	<b>4:59.89</b>	
50m: 33.28 33.28	150m: 1:48.32 38.23	250m: 3:05.06 38.54	350m: 4:21.86 38.24
100m: 1:10.09 36.81	200m: 2:26.52 38.20	300m: 3:43.62 38.56	400m: 4:59.89 38.03
4. LOPES, Joao Baptista	95 Bairro dos Anjos	<b>5:08.12</b>	
50m: 32.99 32.99	150m: 1:49.45 38.83	250m: 3:09.19 39.95	350m: 4:30.14 40.59
100m: 1:10.62 37.63	200m: 2:29.24 39.79	300m: 3:49.55 40.36	400m: 5:08.12 37.98

Prova 4 Masc., 400m Livres Junior  
09-10-2010 - 10:05 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. ALEXANDRE, Miguel Polidoro	94 Bairro dos Anjos	<b>4:32.71</b>	
50m: 31.26 31.26	150m: 1:39.21 34.35	250m: 2:49.12 35.38	350m: 3:59.29 34.56
100m: 1:04.86 33.60	200m: 2:13.74 34.53	300m: 3:24.73 35.61	400m: 4:32.71 33.42
2. SOUSA, Andre Ribeiro de	94 Bairro dos Anjos	<b>4:32.88</b>	
50m: 30.55 30.55	150m: 1:38.20 34.33	250m: 2:49.00 35.50	350m: 4:00.22 35.45
100m: 1:03.87 33.32	200m: 2:13.50 35.30	300m: 3:24.77 35.77	400m: 4:32.88 32.66
3. OLIVEIRA, Filipe Rosa de	93 Bairro dos Anjos	<b>4:43.81</b>	
50m: 31.91 31.91	150m: 1:42.80 35.76	250m: 2:55.32 36.33	350m: 4:09.06 36.83
100m: 1:07.04 35.13	200m: 2:18.99 36.19	300m: 3:32.23 36.91	400m: 4:43.81 34.75
4. DOMINGUES, Diogo Manuel	94 Bairro dos Anjos	<b>4:44.10</b>	
50m: 32.07 32.07	150m: 1:43.21 35.99	250m: 2:55.19 36.11	350m: 4:08.22 36.51
100m: 1:07.22 35.15	200m: 2:19.08 35.87	300m: 3:31.71 36.52	400m: 4:44.10 35.88
5. PENELA, Alexandre Emanuel	93 Vieiraense	<b>5:25.17</b>	
50m: 33.32 33.32	150m: 1:54.75 41.63	250m: 3:19.64 42.26	350m: 4:45.12 42.68
100m: 1:13.12 39.80	200m: 2:37.38 42.63	300m: 4:02.44 42.80	400m: 5:25.17 40.05

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 4, Masc., 400m Livres

Prova 4 Masc., 400m Livres Senior  
09-10-2010 - 10:05 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. CUSTODIO, Raul Jose	88 Bairro dos Anjos	<b>4:30.68</b>	
50m: 31.75 31.75	150m: 1:41.95 35.16	250m: 2:51.04 34.24	350m: 3:57.62 33.03
100m: 1:06.79 35.04	200m: 2:16.80 34.85	300m: 3:24.59 33.55	400m: 4:30.68 33.06
2. PEREIRA, Tiago Filipe	91 Bairro dos Anjos	<b>4:43.19</b>	
50m: 32.20 32.20	150m: 1:43.37 35.79	250m: 2:55.91 36.13	350m: 4:09.08 36.61
100m: 1:07.58 35.38	200m: 2:19.78 36.41	300m: 3:32.47 36.56	400m: 4:43.19 34.11
3. GODINHO, Helder Alexandre	86 Bairro dos Anjos	<b>4:48.69</b>	
50m: 31.83 31.83	150m: 1:44.44 37.28	250m: 2:58.98 36.96	350m: 4:12.78 36.98
100m: 1:07.16 35.33	200m: 2:22.02 37.58	300m: 3:35.80 36.82	400m: 4:48.69 35.91
4. ALMEIDA, Ivo Monico de	91 Bairro dos Anjos	<b>5:02.93</b>	
50m: 33.39 33.39	150m: 1:47.41 38.09	250m: 3:05.36 39.65	350m: 4:24.09 39.47
100m: 1:09.32 35.93	200m: 2:25.71 38.30	300m: 3:44.62 39.26	400m: 5:02.93 38.84

Prova 4 Masc., 400m Livres Absolutos  
09-10-2010 - 10:05 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. CUSTODIO, Raul Jose	88 Bairro dos Anjos	<b>4:30.68</b>	
50m: 31.75 31.75	150m: 1:41.95 35.16	250m: 2:51.04 34.24	350m: 3:57.62 33.03
100m: 1:06.79 35.04	200m: 2:16.80 34.85	300m: 3:24.59 33.55	400m: 4:30.68 33.06
2. ALEXANDRE, Miguel Polidoro	94 Bairro dos Anjos	<b>4:32.71</b>	
50m: 31.26 31.26	150m: 1:39.21 34.35	250m: 2:49.12 35.38	350m: 3:59.29 34.56
100m: 1:04.86 33.60	200m: 2:13.74 34.53	300m: 3:24.73 35.61	400m: 4:32.71 33.42
3. SOUSA, Andre Ribeiro de	94 Bairro dos Anjos	<b>4:32.88</b>	
50m: 30.55 30.55	150m: 1:38.20 34.33	250m: 2:49.00 35.50	350m: 4:00.22 35.45
100m: 1:03.87 33.32	200m: 2:13.50 35.30	300m: 3:24.77 35.77	400m: 4:32.88 32.66
4. PEREIRA, Tiago Filipe	91 Bairro dos Anjos	<b>4:43.19</b>	
50m: 32.20 32.20	150m: 1:43.37 35.79	250m: 2:55.91 36.13	350m: 4:09.08 36.61
100m: 1:07.58 35.38	200m: 2:19.78 36.41	300m: 3:32.47 36.56	400m: 4:43.19 34.11
5. OLIVEIRA, Filipe Rosa de	93 Bairro dos Anjos	<b>4:43.81</b>	
50m: 31.91 31.91	150m: 1:42.80 35.76	250m: 2:55.32 36.33	350m: 4:09.06 36.83
100m: 1:07.04 35.13	200m: 2:18.99 36.19	300m: 3:32.23 36.91	400m: 4:43.81 34.75
6. DOMINGUES, Diogo Manuel	94 Bairro dos Anjos	<b>4:44.10</b>	
50m: 32.07 32.07	150m: 1:43.21 35.99	250m: 2:55.19 36.11	350m: 4:08.22 36.51
100m: 1:07.22 35.15	200m: 2:19.08 35.87	300m: 3:31.71 36.52	400m: 4:44.10 35.88
7. GODINHO, Helder Alexandre	86 Bairro dos Anjos	<b>4:48.69</b>	
50m: 31.83 31.83	150m: 1:44.44 37.28	250m: 2:58.98 36.96	350m: 4:12.78 36.98
100m: 1:07.16 35.33	200m: 2:22.02 37.58	300m: 3:35.80 36.82	400m: 4:48.69 35.91

JUÍZ ÁRBITRO  
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Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 4, Masc., 400m Livres, Absolutos

Lugar			Ano			Tempo final			Pts
8.	MARQUES, Filipe Oliveira		97	Académico de Leiria		<b>4:50.10</b>			
	50m:	31.67 31.67	150m:	1:43.99 36.89	250m:	2:57.43 36.78	350m:	4:12.94 37.77	
	100m:	1:07.10 35.43	200m:	2:20.65 36.66	300m:	3:35.17 37.74	400m:	4:50.10 37.16	
9.	TABORDA, Bruno Filipe		95	Bairro dos Anjos		<b>4:54.00</b>			
	50m:	32.48 32.48	150m:	1:45.81 37.43	250m:	3:01.74 37.79	350m:	4:17.24 37.48	
	100m:	1:08.38 35.90	200m:	2:23.95 38.14	300m:	3:39.76 38.02	400m:	4:54.00 36.76	
10.	SOUSA, Tiago Sequeira		96	Bairro dos Anjos		<b>4:54.86</b>			
	50m:	33.17 33.17	150m:	1:47.34 37.57	250m:	3:03.08 37.71	350m:	4:19.38 37.81	
	100m:	1:09.77 36.60	200m:	2:25.37 38.03	300m:	3:41.57 38.49	400m:	4:54.86 35.48	
11.	CUNHA, Lourenco Manuel		96	Bairro dos Anjos		<b>4:55.01</b>			
	50m:	32.23 32.23	150m:	1:46.57 37.94	250m:	3:03.00 37.98	350m:	4:18.52 37.23	
	100m:	1:08.63 36.40	200m:	2:25.02 38.45	300m:	3:41.29 38.29	400m:	4:55.01 36.49	
12.	CORREIA, Joao Mota		97	Pimpões/Cimai		<b>4:55.57</b>			
	50m:	33.29 33.29	150m:	1:47.09 37.25	250m:	3:02.42 37.84	350m:	4:18.42 37.76	
	100m:	1:09.84 36.55	200m:	2:24.58 37.49	300m:	3:40.66 38.24	400m:	4:55.57 37.15	
13.	NETO, Walter Marcos		95	Bairro dos Anjos		<b>4:58.78</b>			
	50m:	32.05 32.05	150m:	1:46.82 38.00	250m:	3:04.00 38.43	350m:	4:21.27 38.74	
	100m:	1:08.82 36.77	200m:	2:25.57 38.75	300m:	3:42.53 38.53	400m:	4:58.78 37.51	
14.	GOMES, Pedro dos Santos		95	Bairro dos Anjos		<b>4:59.89</b>			
	50m:	33.28 33.28	150m:	1:48.32 38.23	250m:	3:05.06 38.54	350m:	4:21.86 38.24	
	100m:	1:10.09 36.81	200m:	2:26.52 38.20	300m:	3:43.62 38.56	400m:	4:59.89 38.03	
15.	MARQUES, Fábio Ferreira		96	Bairro dos Anjos		<b>5:00.07</b>			
	50m:	32.87 32.87	150m:	1:48.31 38.46	250m:	3:05.61 38.51	350m:	4:23.83 39.09	
	100m:	1:09.85 36.98	200m:	2:27.10 38.79	300m:	3:44.74 39.13	400m:	5:00.07 36.24	
16.	ALMEIDA, Ivo Monico de		91	Bairro dos Anjos		<b>5:02.93</b>			
	50m:	33.39 33.39	150m:	1:47.41 38.09	250m:	3:05.36 39.65	350m:	4:24.09 39.47	
	100m:	1:09.32 35.93	200m:	2:25.71 38.30	300m:	3:44.62 39.26	400m:	5:02.93 38.84	
17.	SANTOS, Joao Paris		97	Pimpões/Cimai		<b>5:05.40</b>			
	50m:	33.93 33.93	150m:	1:50.09 38.54	250m:	3:09.03 39.85	350m:	4:27.39 39.38	
	100m:	1:11.55 37.62	200m:	2:29.18 39.09	300m:	3:48.01 38.98	400m:	5:05.40 38.01	
18.	LOPES, Joao Baptista		95	Bairro dos Anjos		<b>5:08.12</b>			
	50m:	32.99 32.99	150m:	1:49.45 38.83	250m:	3:09.19 39.95	350m:	4:30.14 40.59	
	100m:	1:10.62 37.63	200m:	2:29.24 39.79	300m:	3:49.55 40.36	400m:	5:08.12 37.98	
19.	LAMANDE, Jose Antonio		96	Vieirense		<b>5:09.18</b>			
	50m:	33.99 33.99	150m:	1:50.46 39.15	250m:	3:10.03 40.17	350m:	4:30.83 41.04	
	100m:	1:11.31 37.32	200m:	2:29.86 39.40	300m:	3:49.79 39.76	400m:	5:09.18 38.35	
20.	GONCALVES, Joao Courelas		97	Núcleo de Pombal		<b>5:13.89</b>			
	50m:	33.47 33.47	150m:	1:51.57 39.37	250m:	3:12.63 40.81	350m:	4:34.93 41.02	
	100m:	1:12.20 38.73	200m:	2:31.82 40.25	300m:	3:53.91 41.28	400m:	5:13.89 38.96	
21.	NUNES, Miguel Belo		96	Bairro dos Anjos		<b>5:15.38</b>			
	50m:	34.98 34.98	150m:	1:54.76 40.63	250m:	3:16.71 41.34	350m:	4:37.45 40.36	
	100m:	1:14.13 39.15	200m:	2:35.37 40.61	300m:	3:57.09 40.38	400m:	5:15.38 37.93	

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
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Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 4, Masc., 400m Livres, Absolutos

Lugar			Ano							Tempo final	Pts
22.	COUTINHO, Pedro Miguel		97	Vieirense						<b>5:15.50</b>	
	50m:	33.52 33.52	150m:	1:50.49	39.65	250m:	3:13.85	42.06	350m:	4:35.25	40.04
	100m:	1:10.84 37.32	200m:	2:31.79	41.30	300m:	3:55.21	41.36	400m:	5:15.50	40.25
23.	TORMENTA, Bernardo Monteiro		98	Clube Naval de Peniche/AXA						<b>5:18.45</b>	
	50m:	35.40 35.40	150m:	1:56.61	41.43	250m:	3:19.07	41.20	350m:	4:40.74	40.58
	100m:	1:15.18 39.78	200m:	2:37.87	41.26	300m:	4:00.16	41.09	400m:	5:18.45	37.71
24.	CARRICO, Antonio Fernandes		98	Pimpões/Cimai						<b>5:20.47</b>	
	50m:	35.30 35.30	150m:	1:56.44	41.32	250m:	3:19.11	41.26	350m:	4:41.35	40.86
	100m:	1:15.12 39.82	200m:	2:37.85	41.41	300m:	4:00.49	41.38	400m:	5:20.47	39.12
25.	CASALEIRO, Claudio Patricio		96	Vieirense						<b>5:20.49</b>	
	50m:	35.47 35.47	150m:	1:56.21	41.00	250m:	3:17.78	40.54	350m:	4:40.89	41.42
	100m:	1:15.21 39.74	200m:	2:37.24	41.03	300m:	3:59.47	41.69	400m:	5:20.49	39.60
26.	FERREIRA, Guilherme Domingues		96	Núcleo de Pombal						<b>5:22.42</b>	
	50m:	36.07 36.07	150m:	1:55.95	40.38	250m:	3:19.26	42.31	350m:	4:42.69	41.78
	100m:	1:15.57 39.50	200m:	2:36.95	41.00	300m:	4:00.91	41.65	400m:	5:22.42	39.73
27.	JERONIMO, Ricardo Contreiras		97	Núcleo de Pombal						<b>5:22.71</b>	
	50m:	35.87 35.87	150m:	1:57.01	41.53	250m:	3:20.73	42.26	350m:	4:45.30	42.48
	100m:	1:15.48 39.61	200m:	2:38.47	41.46	300m:	4:02.82	42.09	400m:	5:22.71	37.41
28.	GOMES, Filipe Miguel		97	Académico de Leiria						<b>5:23.39</b>	
	50m:	34.73 34.73	150m:	1:57.04	42.45	250m:	3:21.17	42.53	350m:	4:44.45	41.93
	100m:	1:14.59 39.86	200m:	2:38.64	41.60	300m:	4:02.52	41.35	400m:	5:23.39	38.94
29.	PENELA, Alexandre Emanuel		93	Vieirense						<b>5:25.17</b>	
	50m:	33.32 33.32	150m:	1:54.75	41.63	250m:	3:19.64	42.26	350m:	4:45.12	42.68
	100m:	1:13.12 39.80	200m:	2:37.38	42.63	300m:	4:02.44	42.80	400m:	5:25.17	40.05
30.	MARQUES, Jose Rafael		97	Pimpões/Cimai						<b>5:26.99</b>	
	50m:	37.44 37.44	150m:	2:01.97	41.92	250m:	3:26.26	41.04	350m:	4:48.13	40.67
	100m:	1:20.05 42.61	200m:	2:45.22	43.25	300m:	4:07.46	41.20	400m:	5:26.99	38.86
31.	ROMANO, Marcelo Germano		96	Vieirense						<b>5:27.41</b>	
	50m:	35.65 35.65	150m:	1:57.82	41.84	250m:	3:22.37	42.27	350m:	4:46.12	41.24
	100m:	1:15.98 40.33	200m:	2:40.10	42.28	300m:	4:04.88	42.51	400m:	5:27.41	41.29
32.	FERRAZ, Francisco Maria		97	Pimpões/Cimai						<b>5:31.45</b>	
	50m:	37.07 37.07	150m:	2:00.88	41.98	250m:	3:26.16	42.37	350m:	4:51.14	42.13
	100m:	1:18.90 41.83	200m:	2:43.79	42.91	300m:	4:09.01	42.85	400m:	5:31.45	40.31
33.	FERNANDES, Diogo Miguel		96	Núcleo de Pombal						<b>5:35.91</b>	
	50m:	35.65 35.65	150m:	1:59.89	43.19	250m:	3:25.96	42.53	350m:	4:54.17	44.25
	100m:	1:16.70 41.05	200m:	2:43.43	43.54	300m:	4:09.92	43.96	400m:	5:35.91	41.74
34.	FERNANDES, Tiago Santos		98	Pimpões/Cimai						<b>5:38.64</b>	
	50m:	35.48 35.48	150m:	2:00.40	43.24	250m:	3:31.61	45.56	350m:	5:00.25	43.24
	100m:	1:17.16 41.68	200m:	2:46.05	45.65	300m:	4:17.01	45.40	400m:	5:38.64	38.39
35.	OLIVEIRA, Tiago Ricardo		98	Clube Naval de Peniche/AXA						<b>5:43.85</b>	
	50m:	37.71 37.71	150m:	2:04.13	44.15	250m:	3:33.50	44.36	400m:	5:43.85	1:26.46
	100m:	1:19.98 42.27	200m:	2:49.14	45.01	300m:	4:17.39	43.89			

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 4, Masc., 400m Livres, Absolutos

Lugar			Ano					Tempo final	Pts
36.	KHOMENKO, Dmytro		98	Académico de Leiria				<b>5:46.74</b>	
	50m:	36.21 36.21	150m:	1:59.74	43.58	250m:	3:30.98	45.18	350m: 5:02.89 45.40
	100m:	1:16.16 39.95	200m:	2:45.80	46.06	300m:	4:17.49	46.51	400m: 5:46.74 43.85
37.	RODRIGUES, Diogo Filipe		98	Académico de Leiria				<b>5:52.91</b>	
	50m:	41.57 41.57	150m:	2:11.82	44.33	250m:	3:42.05	45.55	350m: 5:11.82 44.39
	100m:	1:27.49 45.92	200m:	2:56.50	44.68	300m:	4:27.43	45.38	400m: 5:52.91 41.09
38.	VASCONCELOS, Joao Francisco		98	Académico de Leiria				<b>6:02.82</b>	
	50m:	39.25 39.25	150m:	2:09.61	46.45	250m:	3:42.84	45.98	400m: 6:02.82 44.67
	100m:	1:23.16 43.91	200m:	2:56.86	47.25	350m:	5:18.15	1:35.31	
39.	REPOLHO, Goncalo Manuel		98	Académico de Leiria				<b>6:09.16</b>	
	50m:	38.69 38.69	150m:	2:11.67	47.05	250m:	3:46.63	47.11	350m: 5:26.00 52.58
	100m:	1:24.62 45.93	200m:	2:59.52	47.85	300m:	4:33.42	46.79	400m: 6:09.16 43.16
40.	GOMES, Vasco Gameiro		97	Núcleo de Pombal				<b>6:22.07</b>	
	50m:	40.63 40.63	200m:	3:02.82	1:36.95	300m:	4:40.28	48.69	400m: 6:22.07 46.67
	100m:	1:25.87 45.24	250m:	3:51.59	48.77	350m:	5:35.40	55.12	
41.	STASHKO, Nazar		98	Pimpões/Cimai				<b>6:25.25</b>	
	50m:	42.06 42.06	150m:	2:21.13	50.05	250m:	4:00.25	50.19	350m: 5:39.46 48.97
	100m:	1:31.08 49.02	200m:	3:10.06	48.93	300m:	4:50.49	50.24	400m: 6:25.25 45.79
42.	BRANDAO, Pedro Reis		98	Pimpões/Cimai				<b>6:32.01</b>	
	50m:	41.82 41.82	150m:	2:22.68	50.82	250m:	4:03.08	49.91	350m: 5:44.32 50.59
	100m:	1:31.86 50.04	200m:	3:13.17	50.49	300m:	4:53.73	50.65	400m: 6:32.01 47.69
43.	FORTUNATO, Andre Silva		98	Pimpões/Cimai				<b>6:42.57</b>	
	50m:	48.68 48.68	200m:	3:22.74	1:41.74	300m:	5:04.57	51.23	400m: 6:42.57 48.08
	100m:	1:41.00 52.32	250m:	4:13.34	50.60	350m:	5:54.49	49.92	

Prova 5  
09-10-2010 - 10:50

Femin., 200m Mariposa

Infantil A  
Resultados

Pontos: FINA 2010

Lugar			Ano					Tempo final	Pts
1.	ALVES, Adriana Ramalho		98	Desportivo Náutico da Marinha				<b>3:06.57</b>	
	50m:	38.24 38.24	100m:	1:23.57	45.33	150m:	2:15.43	51.86	200m: 3:06.57 51.14

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Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 5, Femin., 200m Mariposa

Prova 5 Femin., 200m Mariposa Juvenil  
09-10-2010 - 10:50 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. RUIVO, Filipa Vilas	97 Desportivo Náutico da Marinha	<b>2:34.81</b>	
50m: 34.45 34.45 100m: 1:12.74 38.29 150m: 1:53.77 41.03 200m: 2:34.81 41.04			
2. DUARTE, Margarida Domingues	97 Desportivo Náutico da Marinha	<b>2:43.31</b>	
50m: 36.94 36.94 100m: 1:16.78 39.84 150m: 2:00.71 43.93 200m: 2:43.31 42.60			

Prova 5 Femin., 200m Mariposa Junior  
09-10-2010 - 10:50 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. ELOI, Ana Monica	96 Desportivo Náutico da Marinha	<b>2:43.63</b>	
50m: 35.25 35.25 100m: 1:16.39 41.14 150m: 1:59.60 43.21 200m: 2:43.63 44.03			
2. VALENTE, Mafalda Domingues	96 Desportivo Náutico da Marinha	<b>2:48.27</b>	
50m: 35.84 35.84 100m: 1:18.91 43.07 150m: 2:03.37 44.46 200m: 2:48.27 44.90			

Prova 5 Femin., 200m Mariposa Senior  
09-10-2010 - 10:50 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. VALENTE, Ana Carolina	92 Desportivo Náutico da Marinha	<b>2:41.92</b>	
50m: 35.61 35.61 100m: 1:15.87 40.26 150m: 1:57.98 42.11 200m: 2:41.92 43.94			
2. LEAL, Patricia Alexandra	94 Desportivo Náutico da Marinha	<b>2:54.83</b>	
50m: 37.99 37.99 100m: 1:21.08 43.09 150m: 2:08.34 47.26 200m: 2:54.83 46.49			

Prova 5 Femin., 200m Mariposa Absolutos  
09-10-2010 - 10:50 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. RUIVO, Filipa Vilas	97 Desportivo Náutico da Marinha	<b>2:34.81</b>	
50m: 34.45 34.45 100m: 1:12.74 38.29 150m: 1:53.77 41.03 200m: 2:34.81 41.04			
2. VALENTE, Ana Carolina	92 Desportivo Náutico da Marinha	<b>2:41.92</b>	
50m: 35.61 35.61 100m: 1:15.87 40.26 150m: 1:57.98 42.11 200m: 2:41.92 43.94			
3. DUARTE, Margarida Domingues	97 Desportivo Náutico da Marinha	<b>2:43.31</b>	
50m: 36.94 36.94 100m: 1:16.78 39.84 150m: 2:00.71 43.93 200m: 2:43.31 42.60			
4. ELOI, Ana Monica	96 Desportivo Náutico da Marinha	<b>2:43.63</b>	
50m: 35.25 35.25 100m: 1:16.39 41.14 150m: 1:59.60 43.21 200m: 2:43.63 44.03			

JUÍZ ÁRBITRO  
Isabel Resende

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Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 5, Femin., 200m Mariposa, Absolutos

Lugar	Ano	Tempo final	Pts
5. VALENTE, Mafalda Domingues	96 Desportivo Náutico da Marinha	<b>2:48.27</b>	
50m: 35.84 35.84 100m: 1:18.91 43.07 150m: 2:03.37 44.46 200m: 2:48.27			44.90
6. LEAL, Patricia Alexandra	94 Desportivo Náutico da Marinha	<b>2:54.83</b>	
50m: 37.99 37.99 100m: 1:21.08 43.09 150m: 2:08.34 47.26 200m: 2:54.83			46.49
7. ALVES, Adriana Ramalho	98 Desportivo Náutico da Marinha	<b>3:06.57</b>	
50m: 38.24 38.24 100m: 1:23.57 45.33 150m: 2:15.43 51.86 200m: 3:06.57			51.14

Prova 6 Masc., 200m Mariposa Infantil A  
09-10-2010 - 10:55 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. SILVA, Nuno Valerio	97 Desportivo Náutico da Marinha	<b>2:47.36</b>	
50m: 34.69 34.69 100m: 1:18.86 44.17 150m: 2:02.73 43.87 200m: 2:47.36			44.63

Prova 6 Masc., 200m Mariposa Juvenil B  
09-10-2010 - 10:55 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. OLIVEIRA, Pedro Alexandre	96 Desportivo Náutico da Marinha	<b>2:51.93</b>	
50m: 36.21 36.21 100m: 1:19.30 43.09 150m: 2:05.00 45.70 200m: 2:51.93			46.93

Prova 6 Masc., 200m Mariposa Junior  
09-10-2010 - 10:55 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. NORTE, Filipe Franco	93 Desportivo Náutico da Marinha	<b>2:21.61</b>	
50m: 31.19 31.19 100m: 1:05.93 34.74 150m: 1:43.12 37.19 200m: 2:21.61			38.49

Prova 6 Masc., 200m Mariposa Absolutos  
09-10-2010 - 10:55 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. NORTE, Filipe Franco	93 Desportivo Náutico da Marinha	<b>2:21.61</b>	
50m: 31.19 31.19 100m: 1:05.93 34.74 150m: 1:43.12 37.19 200m: 2:21.61			38.49
2. SILVA, Nuno Valerio	97 Desportivo Náutico da Marinha	<b>2:47.36</b>	
50m: 34.69 34.69 100m: 1:18.86 44.17 150m: 2:02.73 43.87 200m: 2:47.36			44.63
3. OLIVEIRA, Pedro Alexandre	96 Desportivo Náutico da Marinha	<b>2:51.93</b>	
50m: 36.21 36.21 100m: 1:19.30 43.09 150m: 2:05.00 45.70 200m: 2:51.93			46.93

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 7 Femin., 200m Bruços Infantil B  
09-10-2010 - 11:00 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. TEODOSIO, Barbara Coimbra 50m: 46.83 46.83 100m: 1:40.86	99 Desportivo Náutico da Marinha	<b>3:29.26</b> 200m: 3:29.26	53.25
2. MARTINS, Carolina Santos 50m: 50.32 50.32 100m: 1:44.81	99 Académico de Leiria	<b>3:31.34</b> 200m: 3:31.34	53.25
3. SILVA, Maria Santos 50m: 48.50 48.50 100m: 1:44.05	99 Desportivo Náutico da Marinha	<b>3:40.58</b> 200m: 3:40.58	57.84
4. DOMINGUES, Maria Joao 50m: 49.55 49.55 100m: 1:47.59	99 Desportivo Náutico da Marinha	<b>3:46.48</b> 200m: 3:46.48	58.06
DSQ GOMES, Bruna Martinho	99 Académico de Leiria		
<i>A atleta na viragem aos 100 metros só tocou com uma mão na parede</i>			

Prova 7 Femin., 200m Bruços Infantil A  
09-10-2010 - 11:00 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. RIBEIRO, Catarina Martins 50m: 47.10 47.10 100m: 1:41.35	98 Desportivo Náutico da Marinha	<b>3:30.46</b> 200m: 3:30.46	54.88
2. NORTE, Beatriz Sofia 50m: 49.36 49.36 100m: 1:44.37	98 Desportivo Náutico da Marinha	<b>3:34.45</b> 200m: 3:34.45	54.57
3. CANHAO, Patricia Domingues 50m: 47.22 47.22 100m: 1:42.43	98 Académico de Leiria	<b>3:37.82</b> 200m: 3:37.82	57.85
DNS COSTA, Marta Marques	98 Clube Naval de Peniche/AXA		

Prova 7 Femin., 200m Bruços Junior  
09-10-2010 - 11:00 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. CLARA, Catia Andreia 50m: 41.70 41.70 100m: 1:27.82	95 Desportivo Náutico da Marinha	<b>3:04.07</b> 200m: 3:04.07	48.21
DSQ MARQUES, Catarina Costa e	95 Bairro dos Anjos		
<i>A atleta na viragem aos 50 metros só tocou com uma mão na parede</i>			

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 7, Femin., 200m Bruços

Prova 7 Femin., 200m Bruços Senior  
09-10-2010 - 11:00 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. BRITO, Ana Marisa	90 Bairro dos Anjos	<b>2:53.86</b>	
50m: 38.52 38.52 100m: 1:22.96 44.44 150m: 2:08.55 45.59 200m: 2:53.86			45.31

Prova 7 Femin., 200m Bruços Absolutos  
09-10-2010 - 11:00 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. BRITO, Ana Marisa	90 Bairro dos Anjos	<b>2:53.86</b>	
50m: 38.52 38.52 100m: 1:22.96 44.44 150m: 2:08.55 45.59 200m: 2:53.86			45.31
2. CLARA, Catia Andreia	95 Desportivo Náutico da Marinha	<b>3:04.07</b>	
50m: 41.70 41.70 100m: 1:27.82 46.12 150m: 2:15.86 48.04 200m: 3:04.07			48.21
3. TEODOSIO, Barbara Coimbra	99 Desportivo Náutico da Marinha	<b>3:29.26</b>	
50m: 46.83 46.83 100m: 1:40.86 54.03 150m: 2:36.01 55.15 200m: 3:29.26			53.25
4. RIBEIRO, Catarina Martins	98 Desportivo Náutico da Marinha	<b>3:30.46</b>	
50m: 47.10 47.10 100m: 1:41.35 54.25 150m: 2:35.58 54.23 200m: 3:30.46			54.88
5. MARTINS, Carolina Santos	99 Académico de Leiria	<b>3:31.34</b>	
50m: 50.32 50.32 100m: 1:44.81 54.49 150m: 2:38.09 53.28 200m: 3:31.34			53.25
6. NORTE, Beatriz Sofia	98 Desportivo Náutico da Marinha	<b>3:34.45</b>	
50m: 49.36 49.36 100m: 1:44.37 55.01 150m: 2:39.88 55.51 200m: 3:34.45			54.57
7. CANHAO, Patricia Domingues	98 Académico de Leiria	<b>3:37.82</b>	
50m: 47.22 47.22 100m: 1:42.43 55.21 150m: 2:39.97 57.54 200m: 3:37.82			57.85
8. SILVA, Maria Santos	99 Desportivo Náutico da Marinha	<b>3:40.58</b>	
50m: 48.50 48.50 100m: 1:44.05 55.55 150m: 2:42.74 58.69 200m: 3:40.58			57.84
9. DOMINGUES, Maria Joao	99 Desportivo Náutico da Marinha	<b>3:46.48</b>	
50m: 49.55 49.55 100m: 1:47.59 58.04 150m: 2:48.42 1:00.83 200m: 3:46.48			58.06
DSQ GOMES, Bruna Martinho	99 Académico de Leiria		
<i>A atleta na viragem aos 100 metros só tocou com uma mão na parede</i>			
DSQ MARQUES, Catarina Costa e	95 Bairro dos Anjos		
<i>A atleta na viragem aos 50 metros só tocou com uma mão na parede</i>			
DNS COSTA, Marta Marques	98 Clube Naval de Peniche/AXA		

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 8  
09-10-2010 - 11:10

Masc., 200m Bruços

Infantil B  
Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. FONSECA, Jose Diogo 50m: 44.30 44.30 100m: 1:36.44	98 Desportivo Náutico da Marinha	<b>3:20.21</b>	
2. SILVA, Diogo Vicente 50m: 48.30 48.30 100m: 1:43.08	98 Desportivo Náutico da Marinha	<b>3:29.76</b>	51.88
3. KOT, Victor 50m: 47.68 47.68 100m: 1:41.02	98 Desportivo Náutico da Marinha	<b>3:31.55</b>	
4. BERNARDINO, Joao Antonio 50m: 54.18 54.18 100m: 1:58.17	98 Desportivo Náutico da Marinha	<b>4:01.06</b>	
5. SANTOS, Joao Miguel 50m: 58.64 58.64 100m: 2:10.89	98 APEEECA	<b>4:37.23</b>	
DSQ FERREIRA, Jose Xavier	98 APEEECA	<b>4:16.50</b>	
<i>O nadador na viragem aos 100 metros só tocou com uma mão na parede</i>			

Prova 8  
09-10-2010 - 11:10

Masc., 200m Bruços

Infantil A  
Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. SILVA, Joao Francisco 50m: 43.61 43.61 100m: 1:32.49	97 Desportivo Náutico da Marinha	<b>3:10.79</b>	
2. RIBEIRO, Alexandre Silva 50m: 42.69 42.69 100m: 1:32.73	97 Obidos Patrimonium	<b>3:11.32</b>	
3. QUERIDO, Ricardo Baptista 50m: 44.68 44.68 100m: 1:33.19	97 Obidos Patrimonium	<b>3:11.88</b>	
4. TOMAS, Duarte Lourenco 50m: 42.87 42.87 100m: 1:33.14	97 Obidos Patrimonium	<b>3:12.28</b>	
5. SANTOS, Francisco Presado 50m: 43.82 43.82 100m: 1:34.75	97 Obidos Patrimonium	<b>3:15.49</b>	
6. MARRAZES, Andre Pinto 50m: 48.39 48.39 100m: 1:42.29	97 Desportivo Náutico da Marinha	<b>3:30.56</b>	52.08
DSQ ELISEU, Antonio Fonseca	97 Académico de Leiria		
<i>Na viragem aos 150 metros o nadador não tocou com as mãos na parede em simultâneo</i>			

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 8, Masc., 200m Bruços

Prova 8 Masc., 200m Bruços Juvenil B  
09-10-2010 - 11:10 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. SANTOS, Nuno Goncalo	96 Desportivo Náutico da Marinha	<b>3:06.62</b>	
50m: 42.66 42.66 100m: 1:29.82 47.16 200m: 3:06.62 1:36.80			
2. COSTA, Bruno Andre	96 Bairro dos Anjos	<b>3:21.44</b>	
50m: 42.19 42.19 100m: 1:32.26 50.07 200m: 3:21.44 1:49.18			

Prova 8 Masc., 200m Bruços Juvenil A  
09-10-2010 - 11:10 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. SOUSA, Daniel Ribeiro	95 Desportivo Náutico da Marinha	<b>2:51.34</b>	
50m: 37.21 37.21 100m: 1:21.57 44.36 200m: 2:51.34 1:29.77			
2. MARTINS, Rafael Ferreira	95 Desportivo Náutico da Marinha	<b>2:58.98</b>	
50m: 39.98 39.98 100m: 1:25.54 45.56 200m: 2:58.98 1:33.44			
3. GOMES, Miguel Filipe	95 Bairro dos Anjos	<b>3:14.82</b>	
50m: 41.92 41.92 100m: 1:31.27 49.35 200m: 3:14.82 1:43.55			

Prova 8 Masc., 200m Bruços Junior  
09-10-2010 - 11:10 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. MARTINS, Antero Simao	94 Desportivo Náutico da Marinha	<b>2:49.05</b>	
50m: 38.05 38.05 100m: 1:20.81 42.76 200m: 2:49.05 1:28.24			

Prova 8 Masc., 200m Bruços Senior  
09-10-2010 - 11:10 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
DNS FARIA, Cesar Fernando	90 Bairro dos Anjos		

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 8, Masc., 200m Bruços

Prova 8 Masc., 200m Bruços Absolutos  
09-10-2010 - 11:10 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. MARTINS, Antero Simao 50m: 38.05 38.05 100m: 1:20.81	94	Desportivo Náutico da Marinha 42.76 200m: 2:49.05 1:28.24	<b>2:49.05</b>
2. SOUSA, Daniel Ribeiro 50m: 37.21 37.21 100m: 1:21.57	95	Desportivo Náutico da Marinha 44.36 200m: 2:51.34 1:29.77	<b>2:51.34</b>
3. MARTINS, Rafael Ferreira 50m: 39.98 39.98 100m: 1:25.54	95	Desportivo Náutico da Marinha 45.56 200m: 2:58.98 1:33.44	<b>2:58.98</b>
4. SANTOS, Nuno Goncalo 50m: 42.66 42.66 100m: 1:29.82	96	Desportivo Náutico da Marinha 47.16 200m: 3:06.62 1:36.80	<b>3:06.62</b>
5. SILVA, Joao Francisco 50m: 43.61 43.61 100m: 1:32.49	97	Desportivo Náutico da Marinha 48.88 200m: 3:10.79 1:38.30	<b>3:10.79</b>
6. RIBEIRO, Alexandre Silva 50m: 42.69 42.69 100m: 1:32.73	97	Obidos Patrimonium 50.04 200m: 3:11.32 1:38.59	<b>3:11.32</b>
7. QUERIDO, Ricardo Baptista 50m: 44.68 44.68 100m: 1:33.19	97	Obidos Patrimonium 48.51 200m: 3:11.88 1:38.69	<b>3:11.88</b>
8. TOMAS, Duarte Lourenco 50m: 42.87 42.87 100m: 1:33.14	97	Obidos Patrimonium 50.27 200m: 3:12.28 1:39.14	<b>3:12.28</b>
9. GOMES, Miguel Filipe 50m: 41.92 41.92 100m: 1:31.27	95	Bairro dos Anjos 49.35 200m: 3:14.82 1:43.55	<b>3:14.82</b>
10. SANTOS, Francisco Presado 50m: 43.82 43.82 100m: 1:34.75	97	Obidos Patrimonium 50.93 200m: 3:15.49 1:40.74	<b>3:15.49</b>
11. FONSECA, Jose Diogo 50m: 44.30 44.30 100m: 1:36.44	98	Desportivo Náutico da Marinha 52.14 200m: 3:20.21 1:43.77	<b>3:20.21</b>
12. COSTA, Bruno Andre 50m: 42.19 42.19 100m: 1:32.26	96	Bairro dos Anjos 50.07 200m: 3:21.44 1:49.18	<b>3:21.44</b>
13. SILVA, Diogo Vicente 50m: 48.30 48.30 100m: 1:43.08	98	Desportivo Náutico da Marinha 54.78 150m: 2:37.88 54.80 200m: 3:29.76	<b>3:29.76</b> 51.88
14. MARRAZES, Andre Pinto 50m: 48.39 48.39 100m: 1:42.29	97	Desportivo Náutico da Marinha 53.90 150m: 2:38.48 56.19 200m: 3:30.56	<b>3:30.56</b> 52.08
15. KOT, Victor 50m: 47.68 47.68 100m: 1:41.02	98	Desportivo Náutico da Marinha 53.34 200m: 3:31.55 1:50.53	<b>3:31.55</b>
16. BERNARDINO, Joao Antonio 50m: 54.18 54.18 100m: 1:58.17	98	Desportivo Náutico da Marinha 1:03.99 200m: 4:01.06 2:02.89	<b>4:01.06</b>
17. SANTOS, Joao Miguel 50m: 58.64 58.64 100m: 2:10.89	98	APEEECA 1:12.25 200m: 4:37.23 2:26.34	<b>4:37.23</b>
DSQ ELISEU, Antonio Fonseca	97	Académico de Leiria	
<i>Na viragem aos 150 metros o nadador não tocou com as mãos na parede em simultâneo</i>			

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 8, Masc., 200m Bruços, Absolutos

Lugar	Ano	Tempo final	Pts
DSQ FERREIRA, Jose Xavier	98 APEEECA	<b>4:16.50</b>	
<i>O nadador na viragem aos 100 metros só tocou com uma mão na parede</i>			
DNS FARIA, Cesar Fernando	90 Bairro dos Anjos		

Prova 9 Femin., 200m Estilos Infantil B  
09-10-2010 - 11:25 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. PECA, Sara Conceicao	99 Académico de Leiria	<b>3:09.48</b>	
50m: 41.47 41.47 100m: 1:30.14 48.67 150m: 2:24.74 54.60 200m: 3:09.48 44.74			
2. CRISTOVAO, Mariana Rosendo	99 Obidos Patrimonium	<b>4:06.67</b>	
50m: 1:01.99 1:01.99 100m: 2:03.33 1:01.34 150m: 3:12.70 1:09.37 200m: 4:06.67 53.97			

Prova 9 Femin., 200m Estilos Infantil A  
09-10-2010 - 11:25 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. PEREIRA, Sofia Silva	98 Académico de Leiria	<b>3:23.71</b>	
50m: 47.95 47.95 100m: 1:39.54 51.59 150m: 2:36.78 57.24 200m: 3:23.71 46.93			
DSQ DIAS, Catarina Oliveira	98 Académico de Leiria		
<i>A nadadora não nadou de forma correcta a ordem de estilos</i>			

Prova 9 Femin., 200m Estilos Juvenil  
09-10-2010 - 11:25 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. DOMINGUES, Joana Crespo	97 Desportivo Náutico da Marinha	<b>2:46.22</b>	
50m: 36.75 36.75 100m: 1:19.04 42.29 150m: 2:06.62 47.58 200m: 2:46.22 39.60			
2. RELVA, Melissa Cardoso	97 Bairro dos Anjos	<b>2:47.74</b>	
50m: 36.83 36.83 100m: 1:20.53 43.70 150m: 2:08.72 48.19 200m: 2:47.74 39.02			
3. DUARTE, Kelly Silva	97 Bairro dos Anjos	<b>2:55.68</b>	
50m: 38.40 38.40 100m: 1:22.52 44.12 150m: 2:15.04 52.52 200m: 2:55.68 40.64			
4. MALAQUIAS, Simone Felix	97 Obidos Patrimonium	<b>3:00.99</b>	
50m: 43.79 43.79 100m: 1:31.41 47.62 150m: 2:22.75 51.34 200m: 3:00.99 38.24			
5. HENRIQUES, Carolina Quintas	97 Núcleo de Pombal	<b>3:23.89</b>	
50m: 45.59 45.59 100m: 1:36.82 51.23 150m: 2:32.89 56.07 200m: 3:23.89 51.00			
DNS FERNANDES, Joana Maria	97 Núcleo de Pombal		

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 9, Femin., 200m Estilos

Prova 9 Femin., 200m Estilos Junior  
09-10-2010 - 11:25 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. CAPINHA, Joana Sofia	96 Obidos Patrimonium	<b>3:08.72</b>	
50m: 40.79 40.79	100m: 1:28.79 48.00	150m: 2:22.56 53.77	200m: 3:08.72 46.16

Prova 9 Femin., 200m Estilos Absolutos  
09-10-2010 - 11:25 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. DOMINGUES, Joana Crespo	97 Desportivo Náutico da Marinha	<b>2:46.22</b>	
50m: 36.75 36.75	100m: 1:19.04 42.29	150m: 2:06.62 47.58	200m: 2:46.22 39.60
2. RELVA, Melissa Cardoso	97 Bairro dos Anjos	<b>2:47.74</b>	
50m: 36.83 36.83	100m: 1:20.53 43.70	150m: 2:08.72 48.19	200m: 2:47.74 39.02
3. DUARTE, Kelly Silva	97 Bairro dos Anjos	<b>2:55.68</b>	
50m: 38.40 38.40	100m: 1:22.52 44.12	150m: 2:15.04 52.52	200m: 2:55.68 40.64
4. MALAQUIAS, Simone Felix	97 Obidos Patrimonium	<b>3:00.99</b>	
50m: 43.79 43.79	100m: 1:31.41 47.62	150m: 2:22.75 51.34	200m: 3:00.99 38.24
5. CAPINHA, Joana Sofia	96 Obidos Patrimonium	<b>3:08.72</b>	
50m: 40.79 40.79	100m: 1:28.79 48.00	150m: 2:22.56 53.77	200m: 3:08.72 46.16
6. PECA, Sara Conceicao	99 Académico de Leiria	<b>3:09.48</b>	
50m: 41.47 41.47	100m: 1:30.14 48.67	150m: 2:24.74 54.60	200m: 3:09.48 44.74
7. PEREIRA, Sofia Silva	98 Académico de Leiria	<b>3:23.71</b>	
50m: 47.95 47.95	100m: 1:39.54 51.59	150m: 2:36.78 57.24	200m: 3:23.71 46.93
8. HENRIQUES, Carolina Quintas	97 Núcleo de Pombal	<b>3:23.89</b>	
50m: 45.59 45.59	100m: 1:36.82 51.23	150m: 2:32.89 56.07	200m: 3:23.89 51.00
9. CRISTOVAO, Mariana Rosendo	99 Obidos Patrimonium	<b>4:06.67</b>	
50m: 1:01.99 1:01.99	100m: 2:03.33 1:01.34	150m: 3:12.70 1:09.37	200m: 4:06.67 53.97
DSQ DIAS, Catarina Oliveira	98 Académico de Leiria		
<i>A nadadora não nadou de forma correcta a ordem de estilos</i>			
DNS FERNANDES, Joana Maria	97 Núcleo de Pombal		

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 10 Masc., 200m Estilos Infantil B  
09-10-2010 - 11:35 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. CLEMENTE, Bernardo Santos	98 Académico de Leiria	<b>2:48.36</b>	
50m: 36.27 36.27 100m: 1:20.75 44.48 150m: 2:10.49 49.74 200m: 2:48.36			37.87
2. TENREIRO, Ricardo Luis	98 Académico de Leiria	<b>3:15.21</b>	
50m: 43.38 43.38 100m: 1:34.19 50.81 150m: 2:31.29 57.10 200m: 3:15.21			43.92

Prova 10 Masc., 200m Estilos Infantil A  
09-10-2010 - 11:35 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. FILIPE, Bernardo Joao	97 Académico de Leiria	<b>2:52.58</b>	
50m: 37.20 37.20 100m: 1:21.24 44.04 150m: 2:12.07 50.83 200m: 2:52.58			40.51
2. RODRIGUES, Pedro Jesus	97 Obidos Patrimonium	<b>3:04.10</b>	
50m: 42.37 42.37 100m: 1:29.83 47.46 150m: 2:24.79 54.96 200m: 3:04.10			39.31
DNS CERVA, Joao Ricardo	97 Desportivo Náutico da Marinha		

Prova 10 Masc., 200m Estilos Juvenil A  
09-10-2010 - 11:35 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. NETO, Diogo Ferreira	95 Bairro dos Anjos	<b>2:33.34</b>	
50m: 31.49 31.49 100m: 1:10.74 39.25 150m: 1:57.76 47.02 200m: 2:33.34			35.58

Prova 10 Masc., 200m Estilos Absolutos  
09-10-2010 - 11:35 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. NETO, Diogo Ferreira	95 Bairro dos Anjos	<b>2:33.34</b>	
50m: 31.49 31.49 100m: 1:10.74 39.25 150m: 1:57.76 47.02 200m: 2:33.34			35.58
2. CLEMENTE, Bernardo Santos	98 Académico de Leiria	<b>2:48.36</b>	
50m: 36.27 36.27 100m: 1:20.75 44.48 150m: 2:10.49 49.74 200m: 2:48.36			37.87
3. FILIPE, Bernardo Joao	97 Académico de Leiria	<b>2:52.58</b>	
50m: 37.20 37.20 100m: 1:21.24 44.04 150m: 2:12.07 50.83 200m: 2:52.58			40.51
4. RODRIGUES, Pedro Jesus	97 Obidos Patrimonium	<b>3:04.10</b>	
50m: 42.37 42.37 100m: 1:29.83 47.46 150m: 2:24.79 54.96 200m: 3:04.10			39.31
5. TENREIRO, Ricardo Luis	98 Académico de Leiria	<b>3:15.21</b>	
50m: 43.38 43.38 100m: 1:34.19 50.81 150m: 2:31.29 57.10 200m: 3:15.21			43.92
DNS CERVA, Joao Ricardo	97 Desportivo Náutico da Marinha		

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 11, Femin., 800m Livres

Prova 11 Femin., 800m Livres Junior  
09-10-2010 - 11:40 Resultados

Pontos: FINA 2010

Lugar			Ano					Tempo final	Pts		
1.	SANTOS, Cristiana Ferreira		95	Núcleo de Pombal				<b>11:50.42</b>			
	50m:	36.99 36.99	250m:	3:30.32	44.97	450m:	6:33.21	46.22	650m:	9:36.16	46.18
	100m:	1:18.33 41.34	300m:	4:15.18	44.86	500m:	7:18.29	45.08	700m:	10:21.99	45.83
	150m:	2:01.36 43.03	350m:	5:00.88	45.70	550m:	8:04.14	45.85	750m:	11:07.18	45.19
	200m:	2:45.35 43.99	400m:	5:46.99	46.11	600m:	8:49.98	45.84	800m:	11:50.42	43.24

Prova 11 Femin., 800m Livres Absolutos  
09-10-2010 - 11:40 Resultados

Pontos: FINA 2010

Lugar			Ano					Tempo final	Pts		
1.	SANTOS, Cristiana Ferreira		95	Núcleo de Pombal				<b>11:50.42</b>			
	50m:	36.99 36.99	250m:	3:30.32	44.97	450m:	6:33.21	46.22	650m:	9:36.16	46.18
	100m:	1:18.33 41.34	300m:	4:15.18	44.86	500m:	7:18.29	45.08	700m:	10:21.99	45.83
	150m:	2:01.36 43.03	350m:	5:00.88	45.70	550m:	8:04.14	45.85	750m:	11:07.18	45.19
	200m:	2:45.35 43.99	400m:	5:46.99	46.11	600m:	8:49.98	45.84	800m:	11:50.42	43.24

Prova 12 Masc., 800m Livres Juvenil B  
09-10-2010 - 11:55 Resultados

Pontos: FINA 2010

Lugar			Ano					Tempo final	Pts		
1.	CINTRAO, Pedro Rafael		96	Núcleo de Pombal				<b>10:03.54</b>			
	50m:	34.89 34.89	250m:	3:08.73	38.30	450m:	5:43.16	38.36	650m:	8:14.75	37.39
	100m:	1:13.12 38.23	300m:	3:47.41	38.68	500m:	6:21.44	38.28	700m:	8:52.09	37.34
	150m:	1:52.01 38.89	350m:	4:26.29	38.88	550m:	6:59.45	38.01	750m:	9:29.19	37.10
	200m:	2:30.43 38.42	400m:	5:04.80	38.51	600m:	7:37.36	37.91	800m:	10:03.54	34.35

Prova 12 Masc., 800m Livres Junior  
09-10-2010 - 11:55 Resultados

Pontos: FINA 2010

Lugar			Ano					Tempo final	Pts		
1.	ALVES, Telmo Silva		94	Núcleo de Pombal				<b>10:27.66</b>			
	50m:	34.77 34.77	250m:	3:11.43	39.53	450m:	5:49.43	38.97	650m:	8:31.82	40.89
	100m:	1:12.94 38.17	300m:	3:51.31	39.88	500m:	6:28.77	39.34	700m:	9:12.75	40.93
	150m:	1:52.33 39.39	350m:	4:31.40	40.09	550m:	7:09.93	41.16	750m:	9:51.70	38.95
	200m:	2:31.90 39.57	400m:	5:10.46	39.06	600m:	7:50.93	41.00	800m:	10:27.66	35.96
2.	GAMEIRO, Goncalo Ferreira		94	Núcleo de Pombal				<b>10:33.08</b>			
	50m:	34.38 34.38	250m:	3:11.34	39.77	450m:	5:48.83	38.75	650m:	8:31.19	40.85
	100m:	1:12.53 38.15	300m:	3:50.94	39.60	500m:	6:28.68	39.85	700m:	9:12.44	41.25
	150m:	1:52.07 39.54	350m:	4:30.69	39.75	550m:	7:09.29	40.61	750m:	9:53.05	40.61
	200m:	2:31.57 39.50	400m:	5:10.08	39.39	600m:	7:50.34	41.05	800m:	10:33.08	40.03

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 12, Masc., 800m Livres

Prova 12 Masc., 800m Livres Absolutos  
09-10-2010 - 11:55 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
<b>1. CINTRAO, Pedro Rafael</b>	<b>96</b> Núcleo de Pombal	<b>10:03.54</b>	
50m: 34.89 34.89	250m: 3:08.73 38.30	450m: 5:43.16 38.36	650m: 8:14.75 37.39
100m: 1:13.12 38.23	300m: 3:47.41 38.68	500m: 6:21.44 38.28	700m: 8:52.09 37.34
150m: 1:52.01 38.89	350m: 4:26.29 38.88	550m: 6:59.45 38.01	750m: 9:29.19 37.10
200m: 2:30.43 38.42	400m: 5:04.80 38.51	600m: 7:37.36 37.91	800m: 10:03.54 34.35
<b>2. ALVES, Telmo Silva</b>	<b>94</b> Núcleo de Pombal	<b>10:27.66</b>	
50m: 34.77 34.77	250m: 3:11.43 39.53	450m: 5:49.43 38.97	650m: 8:31.82 40.89
100m: 1:12.94 38.17	300m: 3:51.31 39.88	500m: 6:28.77 39.34	700m: 9:12.75 40.93
150m: 1:52.33 39.39	350m: 4:31.40 40.09	550m: 7:09.93 41.16	750m: 9:51.70 38.95
200m: 2:31.90 39.57	400m: 5:10.46 39.06	600m: 7:50.93 41.00	800m: 10:27.66 35.96
<b>3. GAMEIRO, Goncalo Ferreira</b>	<b>94</b> Núcleo de Pombal	<b>10:33.08</b>	
50m: 34.38 34.38	250m: 3:11.34 39.77	450m: 5:48.83 38.75	650m: 8:31.19 40.85
100m: 1:12.53 38.15	300m: 3:50.94 39.60	500m: 6:28.68 39.85	700m: 9:12.44 41.25
150m: 1:52.07 39.54	350m: 4:30.69 39.75	550m: 7:09.29 40.61	750m: 9:53.05 40.61
200m: 2:31.57 39.50	400m: 5:10.08 39.39	600m: 7:50.34 41.05	800m: 10:33.08 40.03

2 - 1ª Jornada - 2ª Sessão

09-10-2010 - 15:30

Prova 13 Femin., 400m Estilos Junior  
09-10-2010 - 15:30 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
<b>1. CLARA, Catia Andreia</b>	<b>95</b> Desportivo Náutico da Marinha	<b>5:28.24</b>	
50m: 36.56 36.56	150m: 2:01.03 41.26	250m: 3:27.76 46.37	350m: 4:52.04 36.87
100m: 1:19.77 43.21	200m: 2:41.39 40.36	300m: 4:15.17 47.41	400m: 5:28.24 36.20
<b>2. LIMA, Cristiana Andreia</b>	<b>95</b> Núcleo de Pombal	<b>5:48.29</b>	
50m: 37.10 37.10	150m: 2:04.43 45.06	250m: 3:42.49 52.46	350m: 5:13.01 38.27
100m: 1:19.37 42.27	200m: 2:50.03 45.60	300m: 4:34.74 52.25	400m: 5:48.29 35.28
<b>3. GUIMARAES, Joana Margarida</b>	<b>95</b> Pimpões/Cimai	<b>5:48.56</b>	
50m: 37.29 37.29	150m: 2:05.89 43.66	250m: 3:38.72 51.01	350m: 5:11.22 41.37
100m: 1:22.23 44.94	200m: 2:47.71 41.82	300m: 4:29.85 51.13	400m: 5:48.56 37.34

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 13, Femin., 400m Estilos

Prova 13 Femin., 400m Estilos Senior  
09-10-2010 - 15:30 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. VALENTE, Ana Carolina	92 Desportivo Náutico da Marinha	<b>5:48.64</b>	
50m: 35.82 35.82	150m: 2:03.80 47.32	250m: 3:40.81 49.77	350m: 5:10.22 39.34
100m: 1:16.48 40.66	200m: 2:51.04 47.24	300m: 4:30.88 50.07	400m: 5:48.64 38.42
DNS MONTEIRO, Joana Margarida	91 Pimpões/Cimai		

Prova 13 Femin., 400m Estilos Absolutos  
09-10-2010 - 15:30 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. CLARA, Catia Andreia	95 Desportivo Náutico da Marinha	<b>5:28.24</b>	
50m: 36.56 36.56	150m: 2:01.03 41.26	250m: 3:27.76 46.37	350m: 4:52.04 36.87
100m: 1:19.77 43.21	200m: 2:41.39 40.36	300m: 4:15.17 47.41	400m: 5:28.24 36.20
2. LIMA, Cristiana Andreia	95 Núcleo de Pombal	<b>5:48.29</b>	
50m: 37.10 37.10	150m: 2:04.43 45.06	250m: 3:42.49 52.46	350m: 5:13.01 38.27
100m: 1:19.37 42.27	200m: 2:50.03 45.60	300m: 4:34.74 52.25	400m: 5:48.29 35.28
3. GUIMARAES, Joana Margarida	95 Pimpões/Cimai	<b>5:48.56</b>	
50m: 37.29 37.29	150m: 2:05.89 43.66	250m: 3:38.72 51.01	350m: 5:11.22 41.37
100m: 1:22.23 44.94	200m: 2:47.71 41.82	300m: 4:29.85 51.13	400m: 5:48.56 37.34
4. VALENTE, Ana Carolina	92 Desportivo Náutico da Marinha	<b>5:48.64</b>	
50m: 35.82 35.82	150m: 2:03.80 47.32	250m: 3:40.81 49.77	350m: 5:10.22 39.34
100m: 1:16.48 40.66	200m: 2:51.04 47.24	300m: 4:30.88 50.07	400m: 5:48.64 38.42
DNS MONTEIRO, Joana Margarida	91 Pimpões/Cimai		

Prova 14 Masc., 400m Estilos Infantil A  
09-10-2010 - 15:40 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. SILVA, Joao Francisco	97 Desportivo Náutico da Marinha	<b>5:49.64</b>	
50m: 35.83 35.83	150m: 2:04.76 44.29	250m: 3:36.60 49.59	350m: 5:09.28 41.80
100m: 1:20.47 44.64	200m: 2:47.01 42.25	300m: 4:27.48 50.88	400m: 5:49.64 40.36

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 14, Masc., 400m Estilos

Prova 14 Masc., 400m Estilos Juvenil B  
09-10-2010 - 15:40 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. CINTRAO, Pedro Rafael	96 Núcleo de Pombal	<b>5:20.12</b>	
50m: 34.08 34.08	150m: 1:55.63 41.77	250m: 3:21.50 45.40	350m: 4:45.20 37.53
100m: 1:13.86 39.78	200m: 2:36.10 40.47	300m: 4:07.67 46.17	400m: 5:20.12 34.92
DNS PEREIRA, Bernardo Filipe	96 Pimpões/Cimai		

Prova 14 Masc., 400m Estilos Juvenil A  
09-10-2010 - 15:40 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. SOUSA, Daniel Ribeiro	95 Desportivo Náutico da Marinha	<b>5:05.56</b>	
50m: 31.41 31.41	150m: 1:47.62 39.62	250m: 3:10.87 44.56	350m: 4:31.87 36.12
100m: 1:08.00 36.59	200m: 2:26.31 38.69	300m: 3:55.75 44.88	400m: 5:05.56 33.69

Prova 14 Masc., 400m Estilos Junior  
09-10-2010 - 15:40 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. NORTE, Filipe Franco	93 Desportivo Náutico da Marinha	<b>4:55.21</b>	
50m: 30.95 30.95	150m: 1:45.32 38.64	250m: 3:04.12 41.58	350m: 4:21.58 34.63
100m: 1:06.68 35.73	200m: 2:22.54 37.22	300m: 3:46.95 42.83	400m: 4:55.21 33.63
2. MACHADO, Tiago Geraides	93 Pimpões/Cimai	<b>5:10.39</b>	
50m: 31.63 31.63	150m: 1:48.89 40.53	250m: 3:11.46 43.45	350m: 4:33.94 37.46
100m: 1:08.36 36.73	200m: 2:28.01 39.12	300m: 3:56.48 45.02	400m: 5:10.39 36.45
3. DOMINGUES, Diogo Manuel	94 Bairro dos Anjos	<b>5:27.01</b>	
50m: 34.40 34.40	150m: 1:57.01 43.15	250m: 3:24.20 44.54	350m: 4:47.93 39.30
100m: 1:13.86 39.46	200m: 2:39.66 42.65	300m: 4:08.63 44.43	400m: 5:27.01 39.08

Prova 14 Masc., 400m Estilos Senior  
09-10-2010 - 15:40 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. PEREIRA, Tiago Filipe	91 Bairro dos Anjos	<b>5:12.75</b>	
50m: 31.49 31.49	150m: 1:50.30 41.00	250m: 3:14.38 44.31	350m: 4:35.85 37.41
100m: 1:09.30 37.81	200m: 2:30.07 39.77	300m: 3:58.44 44.06	400m: 5:12.75 36.90
2. MACHADO, Joao Geraides	86 Pimpões/Cimai	<b>5:29.79</b>	
50m: 30.76 30.76	150m: 1:50.59 42.66	250m: 3:21.25 47.95	350m: 4:50.42 39.92
100m: 1:07.93 37.17	200m: 2:33.30 42.71	300m: 4:10.50 49.25	400m: 5:29.79 39.37
DNS FARIA, Cesar Fernando	90 Bairro dos Anjos		

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 14, Masc., 400m Estilos

Prova 14 Masc., 400m Estilos Absolutos  
09-10-2010 - 15:40 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. NORTE, Filipe Franco	93 Desportivo Náutico da Marinha	<b>4:55.21</b>	
50m: 30.95 30.95 150m: 1:45.32 38.64 250m: 3:04.12 41.58 350m: 4:21.58 34.63			
100m: 1:06.68 35.73 200m: 2:22.54 37.22 300m: 3:46.95 42.83 400m: 4:55.21 33.63			
2. SOUSA, Daniel Ribeiro	95 Desportivo Náutico da Marinha	<b>5:05.56</b>	
50m: 31.41 31.41 150m: 1:47.62 39.62 250m: 3:10.87 44.56 350m: 4:31.87 36.12			
100m: 1:08.00 36.59 200m: 2:26.31 38.69 300m: 3:55.75 44.88 400m: 5:05.56 33.69			
3. MACHADO, Tiago Gerales	93 Pimpões/Cimai	<b>5:10.39</b>	
50m: 31.63 31.63 150m: 1:48.89 40.53 250m: 3:11.46 43.45 350m: 4:33.94 37.46			
100m: 1:08.36 36.73 200m: 2:28.01 39.12 300m: 3:56.48 45.02 400m: 5:10.39 36.45			
4. PEREIRA, Tiago Filipe	91 Bairro dos Anjos	<b>5:12.75</b>	
50m: 31.49 31.49 150m: 1:50.30 41.00 250m: 3:14.38 44.31 350m: 4:35.85 37.41			
100m: 1:09.30 37.81 200m: 2:30.07 39.77 300m: 3:58.44 44.06 400m: 5:12.75 36.90			
5. CINTRAO, Pedro Rafael	96 Núcleo de Pombal	<b>5:20.12</b>	
50m: 34.08 34.08 150m: 1:55.63 41.77 250m: 3:21.50 45.40 350m: 4:45.20 37.53			
100m: 1:13.86 39.78 200m: 2:36.10 40.47 300m: 4:07.67 46.17 400m: 5:20.12 34.92			
6. DOMINGUES, Diogo Manuel	94 Bairro dos Anjos	<b>5:27.01</b>	
50m: 34.40 34.40 150m: 1:57.01 43.15 250m: 3:24.20 44.54 350m: 4:47.93 39.30			
100m: 1:13.86 39.46 200m: 2:39.66 42.65 300m: 4:08.63 44.43 400m: 5:27.01 39.08			
7. MACHADO, Joao Gerales	86 Pimpões/Cimai	<b>5:29.79</b>	
50m: 30.76 30.76 150m: 1:50.59 42.66 250m: 3:21.25 47.95 350m: 4:50.42 39.92			
100m: 1:07.93 37.17 200m: 2:33.30 42.71 300m: 4:10.50 49.25 400m: 5:29.79 39.37			
8. SILVA, Joao Francisco	97 Desportivo Náutico da Marinha	<b>5:49.64</b>	
50m: 35.83 35.83 150m: 2:04.76 44.29 250m: 3:36.60 49.59 350m: 5:09.28 41.80			
100m: 1:20.47 44.64 200m: 2:47.01 42.25 300m: 4:27.48 50.88 400m: 5:49.64 40.36			
DNS PEREIRA, Bernardo Filipe	96 Pimpões/Cimai		
DNS FARIA, Cesar Fernando	90 Bairro dos Anjos		

Prova 15 Femin., 200m Costas Infantil B  
09-10-2010 - 16:05 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. PEREIRA, Joana Sousa	99 Académico de Leiria	<b>2:49.03</b>	
50m: 40.47 40.47 100m: 1:23.43 42.96 150m: 2:06.36 42.93 200m: 2:49.03 42.67			
2. TEODOSIO, Barbara Coimbra	99 Desportivo Náutico da Marinha	<b>3:00.91</b>	
50m: 42.98 42.98 100m: 1:29.48 46.50 150m: 2:17.04 47.56 200m: 3:00.91 43.87			
3. MENDES, Tania Cristina	99 Vieiraense	<b>3:05.38</b>	
50m: 43.73 43.73 100m: 1:31.01 47.28 150m: 2:18.46 47.45 200m: 3:05.38 46.92			

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 15, Femin., 200m Costas, Infantil B

Lugar	Ano	Tempo final	Pts
4. MARTINS, Carolina Santos	99 Académico de Leiria	<b>3:07.86</b>	
50m: 45.95 45.95 100m: 1:33.34 47.39 150m: 2:20.69 47.35 200m: 3:07.86			47.17
5. PECA, Sara Conceicao	99 Académico de Leiria	<b>3:09.85</b>	
50m: 45.37 45.37 100m: 1:34.11 48.74 150m: 2:23.81 49.70 200m: 3:09.85			46.04
6. SILVA, Maria Santos	99 Desportivo Náutico da Marinha	<b>3:10.12</b>	
50m: 44.96 44.96 100m: 1:33.70 48.74 150m: 2:22.36 48.66 200m: 3:10.12			47.76
7. ROCHA, Sara Mafra	99 Alcobaça	<b>3:14.07</b>	
50m: 44.91 44.91 100m: 1:34.14 49.23 150m: 2:24.89 50.75 200m: 3:14.07			49.18
8. DOMINGUES, Maria Joao	99 Desportivo Náutico da Marinha	<b>3:19.12</b>	
50m: 45.89 45.89 100m: 1:36.96 51.07 150m: 2:28.05 51.09 200m: 3:19.12			51.07

Prova 15  
09-10-2010 - 16:05

Femin., 200m Costas

Infantil A  
Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. LEAL, Catarina Goncalves	98 Académico de Leiria	<b>2:48.13</b>	
50m: 40.52 40.52 100m: 1:23.12 42.60 150m: 2:06.20 43.08 200m: 2:48.13			41.93
2. ALVES, Adriana Ramalho	98 Desportivo Náutico da Marinha	<b>2:48.29</b>	
50m: 40.18 40.18 100m: 1:22.49 42.31 150m: 2:05.79 43.30 200m: 2:48.29			42.50
3. RIBEIRO, Catarina Martins	98 Desportivo Náutico da Marinha	<b>2:53.00</b>	
50m: 40.53 40.53 100m: 1:24.78 44.25 150m: 2:09.63 44.85 200m: 2:53.00			43.37
4. MALHO, Cristiana Vanessa	98 Alcobaça	<b>2:56.74</b>	
50m: 41.94 41.94 100m: 1:26.70 44.76 150m: 2:12.98 46.28 200m: 2:56.74			43.76
5. NORTE, Beatriz Sofia	98 Desportivo Náutico da Marinha	<b>2:57.54</b>	
50m: 42.55 42.55 100m: 1:27.40 44.85 150m: 2:12.80 45.40 200m: 2:57.54			44.74
6. NUNES, Maria Joao	98 Alcobaça	<b>3:05.08</b>	
50m: 43.71 43.71 100m: 1:30.63 46.92 150m: 2:18.96 48.33 200m: 3:05.08			46.12

Prova 15  
09-10-2010 - 16:05

Femin., 200m Costas

Juvenil  
Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. RUIVO, Filipa Vilas	97 Desportivo Náutico da Marinha	<b>2:32.69</b>	
50m: 35.85 35.85 100m: 1:14.03 38.18 150m: 1:53.63 39.60 200m: 2:32.69			39.06
2. DUARTE, Margarida Domingues	97 Desportivo Náutico da Marinha	<b>2:39.72</b>	
50m: 38.15 38.15 100m: 1:18.32 40.17 150m: 1:59.45 41.13 200m: 2:39.72			40.27
3. TEODOSIO, Marina Nicolina	97 Bairro dos Anjos	<b>2:45.56</b>	
50m: 39.95 39.95 100m: 1:21.87 41.92 150m: 2:04.25 42.38 200m: 2:45.56			41.31

JUÍZ ÁRBITRO  
Isabel Resende

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Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 15, Femin., 200m Costas, Juvenil

Lugar	Ano	Tempo final	Pts
4. DOMINGUES, Joana Crespo 50m: 39.49 39.49 100m: 1:21.31	97 Desportivo Náutico da Marinha	<b>2:46.31</b> 200m: 2:46.31	42.50
5. RUIVACO, Liane Saraiva 50m: 40.20 40.20 100m: 1:24.09	97 Vieiraense	<b>2:50.18</b> 200m: 2:50.18	42.12
6. PEREIRA, Cristiana Maria 50m: 40.46 40.46 100m: 1:23.97	97 Alcobaça	<b>2:53.91</b> 200m: 2:53.91	44.49
7. PARREIRA, Maria Miguel 50m: 41.48 41.48 100m: 1:26.04	97 Vieiraense	<b>2:53.96</b> 200m: 2:53.96	43.08
8. JOAO, Adriana Duarte 50m: 40.58 40.58 100m: 1:25.40	97 Alcobaça	<b>2:55.08</b> 200m: 2:55.08	44.58
9. PEREIRA, Bruna Filipa 50m: 41.52 41.52 100m: 1:26.51	97 Bairro dos Anjos	<b>2:58.95</b> 200m: 2:58.95	46.22
10. RIBEIRO, Mara Casimiro 50m: 44.08 44.08 100m: 1:31.81	97 Alcobaça	<b>3:06.51</b> 200m: 3:06.51	46.81
11. DUARTE, Mariana Jorge 50m: 44.56 44.56 100m: 1:33.57	97 Núcleo de Pombal	<b>3:08.62</b> 200m: 3:08.62	45.65
DNS CRISTINO, Damiana Sofia	97 Alcobaça		

Prova 15  
09-10-2010 - 16:05

Femin., 200m Costas

Junior  
Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. ELOI, Ana Monica 50m: 37.62 37.62 100m: 1:17.04	96 Desportivo Náutico da Marinha	<b>2:37.39</b> 200m: 2:37.39	40.45
2. COSTA, Ana Sofia 50m: 39.64 39.64 100m: 1:22.12	95 Alcobaça	<b>2:47.64</b> 200m: 2:47.64	42.41
3. GONCALVES, Carolina Santana 50m: 40.05 40.05 100m: 1:22.20	95 Núcleo de Pombal	<b>2:48.17</b> 200m: 2:48.17	42.19
4. DIAS, Jennifer Martins 50m: 41.08 41.08 100m: 1:23.83	96 Pimpões/Cimai	<b>2:48.60</b> 200m: 2:48.60	41.86
5. PALMA, Carla Rosario 50m: 39.81 39.81 100m: 1:22.39	96 Alcobaça	<b>2:48.86</b> 200m: 2:48.86	42.55
6. CARVALHO, Jessica Andreia 50m: 39.44 39.44 100m: 1:22.35	96 Bairro dos Anjos	<b>2:49.71</b> 200m: 2:49.71	43.37
7. VALENTE, Mafalda Domingues 50m: 40.74 40.74 100m: 1:24.78	96 Desportivo Náutico da Marinha	<b>2:51.32</b> 200m: 2:51.32	42.97
DNS ROSA, Bruna Denise	96 Vieiraense		

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 15, Femin., 200m Costas

Prova 15  
09-10-2010 - 16:05

Femin., 200m Costas

Senior  
Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. BRITO, Ana Marisa 50m: 37.35 37.35 100m: 1:17.01 39.66 150m: 1:57.58 40.57 200m: 2:38.08 40.50	90 Bairro dos Anjos	<b>2:38.08</b>	
2. CRUZ, Sara Francisco 50m: 38.45 38.45 100m: 1:19.10 40.65 150m: 1:59.87 40.77 200m: 2:39.23 39.36	93 Bairro dos Anjos	<b>2:39.23</b>	
3. LISBOA, Adriana Filipa 50m: 38.00 38.00 100m: 1:19.14 41.14 150m: 2:00.19 41.05 200m: 2:40.92 40.73	92 Bairro dos Anjos	<b>2:40.92</b>	
4. DIAS, Mariana Mota 50m: 38.62 38.62 100m: 1:20.13 41.51 150m: 2:01.93 41.80 200m: 2:43.29 41.36	92 Bairro dos Anjos	<b>2:43.29</b>	
5. SANTOS, Cristina Paris 50m: 38.89 38.89 100m: 1:20.49 41.60 150m: 2:02.77 42.28 200m: 2:43.32 40.55	94 Pimpões/Cimai	<b>2:43.32</b>	
6. GRILO, Telma Alexandra 50m: 40.08 40.08 100m: 1:22.67 42.59 150m: 2:05.61 42.94 200m: 2:47.43 41.82	92 Pimpões/Cimai	<b>2:47.43</b>	
7. SILVA, Mariana Maia e 50m: 40.03 40.03 100m: 1:23.28 43.25 150m: 2:06.54 43.26 200m: 2:50.17 43.63	94 Pimpões/Cimai	<b>2:50.17</b>	
8. LEAL, Patricia Alexandra 50m: 41.26 41.26 100m: 1:23.95 42.69 150m: 2:08.16 44.21 200m: 2:51.52 43.36	94 Desportivo Náutico da Marinha	<b>2:51.52</b>	
9. GONCALVES, Jessica Courelas 50m: 45.99 45.99 100m: 1:36.36 50.37 150m: 2:27.87 51.51 200m: 3:18.97 51.10	93 Núcleo de Pombal	<b>3:18.97</b>	

Prova 15  
09-10-2010 - 16:05

Femin., 200m Costas

Absolutos  
Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. RUIVO, Filipa Vilas 50m: 35.85 35.85 100m: 1:14.03 38.18 150m: 1:53.63 39.60 200m: 2:32.69 39.06	97 Desportivo Náutico da Marinha	<b>2:32.69</b>	
2. ELOI, Ana Monica 50m: 37.62 37.62 100m: 1:17.04 39.42 150m: 1:56.94 39.90 200m: 2:37.39 40.45	96 Desportivo Náutico da Marinha	<b>2:37.39</b>	
3. BRITO, Ana Marisa 50m: 37.35 37.35 100m: 1:17.01 39.66 150m: 1:57.58 40.57 200m: 2:38.08 40.50	90 Bairro dos Anjos	<b>2:38.08</b>	
4. CRUZ, Sara Francisco 50m: 38.45 38.45 100m: 1:19.10 40.65 150m: 1:59.87 40.77 200m: 2:39.23 39.36	93 Bairro dos Anjos	<b>2:39.23</b>	
5. DUARTE, Margarida Domingues 50m: 38.15 38.15 100m: 1:18.32 40.17 150m: 1:59.45 41.13 200m: 2:39.72 40.27	97 Desportivo Náutico da Marinha	<b>2:39.72</b>	
6. LISBOA, Adriana Filipa 50m: 38.00 38.00 100m: 1:19.14 41.14 150m: 2:00.19 41.05 200m: 2:40.92 40.73	92 Bairro dos Anjos	<b>2:40.92</b>	

JUÍZ ÁRBITRO  
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SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 15, Femin., 200m Costas, Absolutos

Lugar				Ano					Tempo final	Pts		
7.	DIAS, Mariana Mota			92	Bairro dos Anjos				<b>2:43.29</b>			
	50m:	38.62	38.62	100m:	1:20.13	41.51	150m:	2:01.93	41.80	200m:	2:43.29	41.36
8.	SANTOS, Cristina Paris			94	Pimpões/Cimai				<b>2:43.32</b>			
	50m:	38.89	38.89	100m:	1:20.49	41.60	150m:	2:02.77	42.28	200m:	2:43.32	40.55
9.	TEODOSIO, Marina Nicolina			97	Bairro dos Anjos				<b>2:45.56</b>			
	50m:	39.95	39.95	100m:	1:21.87	41.92	150m:	2:04.25	42.38	200m:	2:45.56	41.31
10.	DOMINGUES, Joana Crespo			97	Desportivo Náutico da Marinha				<b>2:46.31</b>			
	50m:	39.49	39.49	100m:	1:21.31	41.82	150m:	2:03.81	42.50	200m:	2:46.31	42.50
11.	GRILO, Telma Alexandra			92	Pimpões/Cimai				<b>2:47.43</b>			
	50m:	40.08	40.08	100m:	1:22.67	42.59	150m:	2:05.61	42.94	200m:	2:47.43	41.82
12.	COSTA, Ana Sofia			95	Alcobaça				<b>2:47.64</b>			
	50m:	39.64	39.64	100m:	1:22.12	42.48	150m:	2:05.23	43.11	200m:	2:47.64	42.41
13.	LEAL, Catarina Goncalves			98	Académico de Leiria				<b>2:48.13</b>			
	50m:	40.52	40.52	100m:	1:23.12	42.60	150m:	2:06.20	43.08	200m:	2:48.13	41.93
14.	GONCALVES, Carolina Santana			95	Núcleo de Pombal				<b>2:48.17</b>			
	50m:	40.05	40.05	100m:	1:22.20	42.15	150m:	2:05.98	43.78	200m:	2:48.17	42.19
15.	ALVES, Adriana Ramalho			98	Desportivo Náutico da Marinha				<b>2:48.29</b>			
	50m:	40.18	40.18	100m:	1:22.49	42.31	150m:	2:05.79	43.30	200m:	2:48.29	42.50
16.	DIAS, Jennifer Martins			96	Pimpões/Cimai				<b>2:48.60</b>			
	50m:	41.08	41.08	100m:	1:23.83	42.75	150m:	2:06.74	42.91	200m:	2:48.60	41.86
17.	PALMA, Carla Rosario			96	Alcobaça				<b>2:48.86</b>			
	50m:	39.81	39.81	100m:	1:22.39	42.58	150m:	2:06.31	43.92	200m:	2:48.86	42.55
18.	PEREIRA, Joana Sousa			99	Académico de Leiria				<b>2:49.03</b>			
	50m:	40.47	40.47	100m:	1:23.43	42.96	150m:	2:06.36	42.93	200m:	2:49.03	42.67
19.	CARVALHO, Jessica Andreia			96	Bairro dos Anjos				<b>2:49.71</b>			
	50m:	39.44	39.44	100m:	1:22.35	42.91	150m:	2:06.34	43.99	200m:	2:49.71	43.37
20.	SILVA, Mariana Maia e			94	Pimpões/Cimai				<b>2:50.17</b>			
	50m:	40.03	40.03	100m:	1:23.28	43.25	150m:	2:06.54	43.26	200m:	2:50.17	43.63
21.	RUIVACO, Liane Saraiva			97	Vieirense				<b>2:50.18</b>			
	50m:	40.20	40.20	100m:	1:24.09	43.89	150m:	2:08.06	43.97	200m:	2:50.18	42.12
22.	VALENTE, Mafalda Domingues			96	Desportivo Náutico da Marinha				<b>2:51.32</b>			
	50m:	40.74	40.74	100m:	1:24.78	44.04	150m:	2:08.35	43.57	200m:	2:51.32	42.97
23.	LEAL, Patricia Alexandra			94	Desportivo Náutico da Marinha				<b>2:51.52</b>			
	50m:	41.26	41.26	100m:	1:23.95	42.69	150m:	2:08.16	44.21	200m:	2:51.52	43.36
24.	RIBEIRO, Catarina Martins			98	Desportivo Náutico da Marinha				<b>2:53.00</b>			
	50m:	40.53	40.53	100m:	1:24.78	44.25	150m:	2:09.63	44.85	200m:	2:53.00	43.37
25.	PEREIRA, Cristiana Maria			97	Alcobaça				<b>2:53.91</b>			
	50m:	40.46	40.46	100m:	1:23.97	43.51	150m:	2:09.42	45.45	200m:	2:53.91	44.49

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 15, Femin., 200m Costas, Absolutos

Lugar	Ano	Tempo final	Pts
26. PARREIRA, Maria Miguel	97	<b>2:53.96</b>	
50m: 41.48 41.48 100m: 1:26.04 44.56 150m: 2:10.88 44.84 200m: 2:53.96			43.08
27. JOAO, Adriana Duarte	97	<b>2:55.08</b>	
50m: 40.58 40.58 100m: 1:25.40 44.82 150m: 2:10.50 45.10 200m: 2:55.08			44.58
28. MALHO, Cristiana Vanessa	98	<b>2:56.74</b>	
50m: 41.94 41.94 100m: 1:26.70 44.76 150m: 2:12.98 46.28 200m: 2:56.74			43.76
29. NORTE, Beatriz Sofia	98	<b>2:57.54</b>	
50m: 42.55 42.55 100m: 1:27.40 44.85 150m: 2:12.80 45.40 200m: 2:57.54			44.74
30. PEREIRA, Bruna Filipa	97	<b>2:58.95</b>	
50m: 41.52 41.52 100m: 1:26.51 44.99 150m: 2:12.73 46.22 200m: 2:58.95			46.22
31. TEODOSIO, Barbara Coimbra	99	<b>3:00.91</b>	
50m: 42.98 42.98 100m: 1:29.48 46.50 150m: 2:17.04 47.56 200m: 3:00.91			43.87
32. NUNES, Maria Joao	98	<b>3:05.08</b>	
50m: 43.71 43.71 100m: 1:30.63 46.92 150m: 2:18.96 48.33 200m: 3:05.08			46.12
33. MENDES, Tania Cristina	99	<b>3:05.38</b>	
50m: 43.73 43.73 100m: 1:31.01 47.28 150m: 2:18.46 47.45 200m: 3:05.38			46.92
34. RIBEIRO, Mara Casimiro	97	<b>3:06.51</b>	
50m: 44.08 44.08 100m: 1:31.81 47.73 150m: 2:19.70 47.89 200m: 3:06.51			46.81
35. MARTINS, Carolina Santos	99	<b>3:07.86</b>	
50m: 45.95 45.95 100m: 1:33.34 47.39 150m: 2:20.69 47.35 200m: 3:07.86			47.17
36. DUARTE, Mariana Jorge	97	<b>3:08.62</b>	
50m: 44.56 44.56 100m: 1:33.57 49.01 150m: 2:22.97 49.40 200m: 3:08.62			45.65
37. PECA, Sara Conceicao	99	<b>3:09.85</b>	
50m: 45.37 45.37 100m: 1:34.11 48.74 150m: 2:23.81 49.70 200m: 3:09.85			46.04
38. SILVA, Maria Santos	99	<b>3:10.12</b>	
50m: 44.96 44.96 100m: 1:33.70 48.74 150m: 2:22.36 48.66 200m: 3:10.12			47.76
39. ROCHA, Sara Mafra	99	<b>3:14.07</b>	
50m: 44.91 44.91 100m: 1:34.14 49.23 150m: 2:24.89 50.75 200m: 3:14.07			49.18
40. GONCALVES, Jessica Courelas	93	<b>3:18.97</b>	
50m: 45.99 45.99 100m: 1:36.36 50.37 150m: 2:27.87 51.51 200m: 3:18.97			51.10
41. DOMINGUES, Maria Joao	99	<b>3:19.12</b>	
50m: 45.89 45.89 100m: 1:36.96 51.07 150m: 2:28.05 51.09 200m: 3:19.12			51.07
DNS ROSA, Bruna Denise	96	Vieirense	
DNS CRISTINO, Damiana Sofia	97	Alcobaça	

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 16  
09-10-2010 - 16:25

Masc., 200m Costas

Infantil B  
Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. OLIVEIRA, Tiago Ricardo 50m: 41.34 41.34 100m: 1:24.92	98 Clube Naval de Peniche/AXA	<b>2:53.89</b> 200m: 2:53.89	44.55
2. FONSECA, Jose Diogo 50m: 41.13 41.13 100m: 1:26.80	98 Desportivo Náutico da Marinha	<b>2:54.51</b> 200m: 2:54.51	42.54
3. KHOMENKO, Dmytro 50m: 40.96 40.96 100m: 1:25.73	98 Académico de Leiria	<b>2:54.66</b> 200m: 2:54.66	43.24
4. VICENTE, Diogo Alexandre 50m: 42.08 42.08 100m: 1:25.69	98 Alcobaça	<b>2:55.13</b> 200m: 2:55.13	43.99
5. SILVA, Diogo Vicente 50m: 41.77 41.77 100m: 1:28.36	98 Desportivo Náutico da Marinha	<b>2:55.93</b> 200m: 2:55.93	42.76
6. KOT, Victor 50m: 41.40 41.40 100m: 1:25.92	98 Desportivo Náutico da Marinha	<b>2:56.29</b> 200m: 2:56.29	44.65
7. COELHO, Diogo Pereira 50m: 42.33 42.33 100m: 1:28.17	98 Alcobaça	<b>2:58.05</b> 200m: 2:58.05	43.41
8. RODRIGUES, Diogo Filipe 50m: 42.36 42.36 100m: 1:29.09	98 Académico de Leiria	<b>2:59.17</b> 200m: 2:59.17	43.58
9. COELHO, Ricardo Pereira 50m: 43.57 43.57 100m: 1:28.96	98 Alcobaça	<b>3:01.36</b> 200m: 3:01.36	44.86
10. VASCONCELOS, Joao Francisco 50m: 41.63 41.63 100m: 1:27.25	98 Académico de Leiria	<b>3:04.26</b> 200m: 3:04.26	48.69
11. BERNARDINO, Joao Antonio 50m: 44.30 44.30 100m: 1:32.46	98 Desportivo Náutico da Marinha	<b>3:05.85</b> 200m: 3:05.85	45.25
12. COELHO, Andre Pereira 50m: 44.68 44.68 100m: 1:32.51	98 Alcobaça	<b>3:06.59</b> 200m: 3:06.59	46.10
13. REPOLHO, Goncalo Manuel 50m: 44.13 44.13 100m: 1:32.68	98 Académico de Leiria	<b>3:09.92</b> 200m: 3:09.92	48.24
14. TENREIRO, Ricardo Luis 50m: 45.43 45.43 100m: 1:35.41	98 Académico de Leiria	<b>3:11.24</b> 200m: 3:11.24	47.35
DSQ FERREIRA, João Pedro <i>O nadador na viragem aos 150 metros saíu da parede na posição ventral</i>	98 Alcobaça		
DNS RIBEIRO, Andre Vitorino	98 Alcobaça		

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 16, Masc., 200m Costas

Prova 16  
09-10-2010 - 16:25

Masc., 200m Costas

Infantil A  
Resultados

Pontos: FINA 2010

Lugar					Ano					Tempo final	Pts	
1.	RODRIGUES, Pedro Miguel				97	Alcobaça				<b>2:31.02</b>		
	50m:	36.10	36.10	100m:	1:14.40	38.30	150m:	1:53.90	39.50	200m:	2:31.02	37.12
2.	SILVESTRE, Miguel Angelo				97	Alcobaça				<b>2:40.02</b>		
	50m:	37.43	37.43	100m:	1:19.12	41.69	150m:	2:01.01	41.89	200m:	2:40.02	39.01
3.	JORGE, Joao Bernardo				97	Alcobaça				<b>2:40.44</b>		
	50m:	38.32	38.32	100m:	1:20.05	41.73	150m:	2:01.97	41.92	200m:	2:40.44	38.47
4.	GOMES, Joao Andre				97	Alcobaça				<b>2:40.53</b>		
	50m:	38.77	38.77	100m:	1:19.36	40.59	150m:	1:59.92	40.56	200m:	2:40.53	40.61
5.	SILVA, Nuno Valerio				97	Desportivo Náutico da Marinha				<b>2:40.81</b>		
	50m:	38.19	38.19	100m:	1:19.11	40.92	150m:	2:00.58	41.47	200m:	2:40.81	40.23
6.	LAUREANO, Alexandre Miguel				97	Alcobaça				<b>2:41.68</b>		
	50m:	38.08	38.08	100m:	1:19.63	41.55	150m:	2:01.88	42.25	200m:	2:41.68	39.80
7.	MARQUES, Filipe Oliveira				97	Académico de Leiria				<b>2:42.26</b>		
	50m:	38.53	38.53	100m:	1:20.98	42.45	150m:	2:01.45	40.47	200m:	2:42.26	40.81
8.	MARTINS, Mauricio Santiago				97	Alcobaça				<b>2:49.21</b>		
	50m:	39.74	39.74	100m:	1:22.24	42.50	150m:	2:06.14	43.90	200m:	2:49.21	43.07
9.	COUTINHO, Pedro Miguel				97	Vieirense				<b>2:49.94</b>		
	50m:	38.55	38.55	100m:	1:21.78	43.23	150m:	2:06.67	44.89	200m:	2:49.94	43.27
10.	GERARDO, Emanuel Falacho				97	Alcobaça				<b>2:50.54</b>		
	50m:	40.42	40.42	100m:	1:24.09	43.67	150m:	2:07.99	43.90	200m:	2:50.54	42.55
11.	RIBEIRO, Alexandre Silva				97	Obidos Patrimonium				<b>2:53.49</b>		
	50m:	39.91	39.91	100m:	1:25.46	45.55	150m:	2:11.60	46.14	200m:	2:53.49	41.89
12.	TOMAS, Duarte Lourenco				97	Obidos Patrimonium				<b>2:56.38</b>		
	50m:	40.60	40.60	100m:	1:26.07	45.47	150m:	2:12.61	46.54	200m:	2:56.38	43.77
13.	GOMES, Filipe Miguel				97	Académico de Leiria				<b>3:01.55</b>		
	50m:	41.45	41.45	100m:	1:27.96	46.51	150m:	2:16.02	48.06	200m:	3:01.55	45.53
14.	RODRIGUES, Pedro Jesus				97	Obidos Patrimonium				<b>3:02.58</b>		
	50m:	42.82	42.82	100m:	1:29.11	46.29	150m:	2:16.75	47.64	200m:	3:02.58	45.83
15.	MARRAZES, Andre Pinto				97	Desportivo Náutico da Marinha				<b>3:14.27</b>		
	50m:	46.62	46.62	100m:	1:35.85	49.23	150m:	2:25.74	49.89	200m:	3:14.27	48.53
DNS	CERVA, Joao Ricardo				97	Desportivo Náutico da Marinha						

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 16, Masc., 200m Costas

Prova 16 Masc., 200m Costas Juvenil B  
09-10-2010 - 16:25 Resultados

Pontos: FINA 2010

Lugar			Ano							Tempo final	Pts
1.	SOUZA, Tiago Sequeira		96	Bairro dos Anjos						<b>2:30.77</b>	
	50m:	36.23 36.23	100m:	1:14.91	38.68	150m:	1:54.49	39.58	200m:	2:30.77	36.28
2.	OLIVEIRA, Pedro Alexandre		96	Desportivo Náutico da Marinha						<b>2:32.54</b>	
	50m:	36.45 36.45	100m:	1:14.76	38.31	150m:	1:54.01	39.25	200m:	2:32.54	38.53
3.	BUGALHO, Jose Pedro		96	Alcobaça						<b>2:38.79</b>	
	50m:	36.83 36.83	100m:	1:16.89	40.06	150m:	1:58.30	41.41	200m:	2:38.79	40.49
4.	MARQUES, Fábio Ferreira		96	Bairro dos Anjos						<b>2:39.67</b>	
	50m:	38.23 38.23	100m:	1:19.05	40.82	150m:	2:00.25	41.20	200m:	2:39.67	39.42
5.	GOMES, Daniel Faustino		96	Alcobaça						<b>2:43.58</b>	
	50m:	38.70 38.70	100m:	1:19.94	41.24	150m:	2:02.38	42.44	200m:	2:43.58	41.20
6.	SANTOS, Nuno Goncalo		96	Desportivo Náutico da Marinha						<b>2:43.92</b>	
	50m:	39.42 39.42	100m:	1:20.70	41.28	150m:	2:02.98	42.28	200m:	2:43.92	40.94
7.	VENANCIO, Diogo Filipe		96	Alcobaça						<b>2:44.49</b>	
	50m:	39.06 39.06	100m:	1:20.80	41.74	150m:	2:03.07	42.27	200m:	2:44.49	41.42
8.	CASALEIRO, Claudio Patricio		96	Vieirense						<b>2:46.09</b>	
	50m:	39.21 39.21	100m:	1:21.98	42.77	150m:	2:04.08	42.10	200m:	2:46.09	42.01
9.	NUNES, Miguel Belo		96	Bairro dos Anjos						<b>2:48.26</b>	
	50m:	40.21 40.21	100m:	1:23.78	43.57	150m:	2:07.08	43.30	200m:	2:48.26	41.18
10.	LAMANDE, Jose Antonio		96	Vieirense						<b>2:52.39</b>	
	50m:	40.99 40.99	100m:	1:25.13	44.14	200m:	2:52.39	1:27.26			
11.	BENTO, Andre Manuel		96	Alcobaça						<b>2:54.20</b>	
	50m:	40.52 40.52	100m:	1:24.42	43.90	150m:	2:09.50	45.08	200m:	2:54.20	44.70
12.	ROMANO, Marcelo Germano		96	Vieirense						<b>3:00.33</b>	
	50m:	42.41 42.41	100m:	1:28.56	46.15	150m:	2:14.88	46.32	200m:	3:00.33	45.45
13.	FERREIRA, Guilherme Domingues		96	Núcleo de Pombal						<b>3:04.57</b>	
	50m:	42.97 42.97	100m:	1:29.84	46.87	150m:	2:18.40	48.56	200m:	3:04.57	46.17

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 16, Masc., 200m Costas

Prova 16 Masc., 200m Costas Juvenil A  
09-10-2010 - 16:25 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. MARTINS, Rafael Ferreira 50m: 35.75 35.75 100m: 1:14.81	95 Desportivo Náutico da Marinha	<b>2:33.54</b> 200m: 2:33.54	38.57
2. PINTO, Francisco Gouveia 50m: 36.55 36.55 100m: 1:16.00	95 Pimpões/Cimai	<b>2:34.02</b> 200m: 2:34.02	38.32
3. LOPES, Joao Baptista 50m: 36.03 36.03 100m: 1:15.70	95 Bairro dos Anjos	<b>2:35.00</b> 200m: 2:35.00	38.37
4. GOMES, Pedro dos Santos 50m: 37.58 37.58 100m: 1:18.31	95 Bairro dos Anjos	<b>2:39.52</b> 200m: 2:39.52	39.96
5. NETO, Walter Marcos 50m: 38.44 38.44 100m: 1:19.42	95 Bairro dos Anjos	<b>2:40.22</b> 200m: 2:40.22	39.75
6. FERREIRA, Ricardo Filipe 50m: 37.90 37.90 100m: 1:18.95	95 Pimpões/Cimai	<b>2:42.48</b> 200m: 2:42.48	41.44

Prova 16 Masc., 200m Costas Junior  
09-10-2010 - 16:25 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. SILVA, Diogo Parrilha da 50m: 33.20 33.20 100m: 1:07.05	93 Alcobaça	<b>2:14.67</b> 200m: 2:14.67	33.80
2. DIOGO, Miguel Monteiro 50m: 33.39 33.39 100m: 1:07.85	93 Alcobaça	<b>2:17.82</b> 200m: 2:17.82	35.52
3. MARTINS, Antero Simao 50m: 34.30 34.30 100m: 1:10.20	94 Desportivo Náutico da Marinha	<b>2:24.40</b> 200m: 2:24.40	36.73
4. GRACA, Andre Filipe da 50m: 35.65 35.65 100m: 1:14.13	93 Alcobaça	<b>2:30.01</b> 200m: 2:30.01	37.47
5. VICENTE, Andre Alexandre 50m: 35.82 35.82 100m: 1:14.16	94 Alcobaça	<b>2:32.16</b> 200m: 2:32.16	38.84
6. VIEIRA, Joao Guilherme 50m: 37.81 37.81 100m: 1:17.17	93 Pimpões/Cimai	<b>2:37.66</b> 200m: 2:37.66	39.88
7. TOMAS, Edgar Neves 50m: 39.05 39.05 100m: 1:20.56	94 Pimpões/Cimai	<b>2:45.15</b> 200m: 2:45.15	41.41
8. ANTUNES, Delmar Filipe 50m: 38.10 38.10 100m: 1:19.72	94 Alcobaça	<b>2:46.31</b> 200m: 2:46.31	43.18
9. PENELA, Alexandre Emanuel 50m: 39.83 39.83 100m: 1:23.06	93 Vieiraense	<b>2:50.77</b> 200m: 2:50.77	42.67

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 16, Masc., 200m Costas

Prova 16 Masc., 200m Costas Senior  
09-10-2010 - 16:25 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. CUSTODIO, Raul Jose	88 Bairro dos Anjos	<b>2:30.00</b>	
50m: 35.72 35.72 100m: 1:14.37 38.65 150m: 1:53.08 38.71 200m: 2:30.00 36.92			
2. ALMEIDA, Ivo Monico de	91 Bairro dos Anjos	<b>2:43.72</b>	
50m: 38.84 38.84 100m: 1:21.42 42.58 150m: 2:04.37 42.95 200m: 2:43.72 39.35			
3. GODINHO, Helder Alexandre	86 Bairro dos Anjos	<b>2:47.61</b>	
50m: 39.41 39.41 100m: 1:21.44 42.03 150m: 2:05.33 43.89 200m: 2:47.61 42.28			

Prova 16 Masc., 200m Costas Absolutos  
09-10-2010 - 16:25 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. SILVA, Diogo Parrilha da	93 Alcobaça	<b>2:14.67</b>	
50m: 33.20 33.20 100m: 1:07.05 33.85 150m: 1:40.87 33.82 200m: 2:14.67 33.80			
2. DIOGO, Miguel Monteiro	93 Alcobaça	<b>2:17.82</b>	
50m: 33.39 33.39 100m: 1:07.85 34.46 150m: 1:42.30 34.45 200m: 2:17.82 35.52			
3. MARTINS, Antero Simao	94 Desportivo Náutico da Marinha	<b>2:24.40</b>	
50m: 34.30 34.30 100m: 1:10.20 35.90 150m: 1:47.67 37.47 200m: 2:24.40 36.73			
4. CUSTODIO, Raul Jose	88 Bairro dos Anjos	<b>2:30.00</b>	
50m: 35.72 35.72 100m: 1:14.37 38.65 150m: 1:53.08 38.71 200m: 2:30.00 36.92			
5. GRACA, Andre Filipe da	93 Alcobaça	<b>2:30.01</b>	
50m: 35.65 35.65 100m: 1:14.13 38.48 150m: 1:52.54 38.41 200m: 2:30.01 37.47			
6. SOUSA, Tiago Sequeira	96 Bairro dos Anjos	<b>2:30.77</b>	
50m: 36.23 36.23 100m: 1:14.91 38.68 150m: 1:54.49 39.58 200m: 2:30.77 36.28			
7. RODRIGUES, Pedro Miguel	97 Alcobaça	<b>2:31.02</b>	
50m: 36.10 36.10 100m: 1:14.40 38.30 150m: 1:53.90 39.50 200m: 2:31.02 37.12			
8. VICENTE, Andre Alexandre	94 Alcobaça	<b>2:32.16</b>	
50m: 35.82 35.82 100m: 1:14.16 38.34 150m: 1:53.32 39.16 200m: 2:32.16 38.84			
9. OLIVEIRA, Pedro Alexandre	96 Desportivo Náutico da Marinha	<b>2:32.54</b>	
50m: 36.45 36.45 100m: 1:14.76 38.31 150m: 1:54.01 39.25 200m: 2:32.54 38.53			
10. MARTINS, Rafael Ferreira	95 Desportivo Náutico da Marinha	<b>2:33.54</b>	
50m: 35.75 35.75 100m: 1:14.81 39.06 150m: 1:54.97 40.16 200m: 2:33.54 38.57			
11. PINTO, Francisco Gouveia	95 Pimpões/Cimai	<b>2:34.02</b>	
50m: 36.55 36.55 100m: 1:16.00 39.45 150m: 1:55.70 39.70 200m: 2:34.02 38.32			
12. LOPES, Joao Baptista	95 Bairro dos Anjos	<b>2:35.00</b>	
50m: 36.03 36.03 100m: 1:15.70 39.67 150m: 1:56.63 40.93 200m: 2:35.00 38.37			

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 16, Masc., 200m Costas, Absolutos

Lugar	Ano	Tempo final	Pts
13. VIEIRA, Joao Guilherme 50m: 37.81 37.81 100m: 1:17.17	93 Pimpões/Cimai	<b>2:37.66</b> 39.36 150m: 1:57.78 40.61 200m: 2:37.66	39.88
14. BUGALHO, Jose Pedro 50m: 36.83 36.83 100m: 1:16.89	96 Alcobaça	<b>2:38.79</b> 40.06 150m: 1:58.30 41.41 200m: 2:38.79	40.49
15. GOMES, Pedro dos Santos 50m: 37.58 37.58 100m: 1:18.31	95 Bairro dos Anjos	<b>2:39.52</b> 40.73 150m: 1:59.56 41.25 200m: 2:39.52	39.96
16. MARQUES, Fábio Ferreira 50m: 38.23 38.23 100m: 1:19.05	96 Bairro dos Anjos	<b>2:39.67</b> 40.82 150m: 2:00.25 41.20 200m: 2:39.67	39.42
17. SILVESTRE, Miguel Angelo 50m: 37.43 37.43 100m: 1:19.12	97 Alcobaça	<b>2:40.02</b> 41.69 150m: 2:01.01 41.89 200m: 2:40.02	39.01
18. NETO, Walter Marcos 50m: 38.44 38.44 100m: 1:19.42	95 Bairro dos Anjos	<b>2:40.22</b> 40.98 150m: 2:00.47 41.05 200m: 2:40.22	39.75
19. JORGE, Joao Bernardo 50m: 38.32 38.32 100m: 1:20.05	97 Alcobaça	<b>2:40.44</b> 41.73 150m: 2:01.97 41.92 200m: 2:40.44	38.47
20. GOMES, Joao Andre 50m: 38.77 38.77 100m: 1:19.36	97 Alcobaça	<b>2:40.53</b> 40.59 150m: 1:59.92 40.56 200m: 2:40.53	40.61
21. SILVA, Nuno Valerio 50m: 38.19 38.19 100m: 1:19.11	97 Desportivo Náutico da Marinha	<b>2:40.81</b> 40.92 150m: 2:00.58 41.47 200m: 2:40.81	40.23
22. LAUREANO, Alexandre Miguel 50m: 38.08 38.08 100m: 1:19.63	97 Alcobaça	<b>2:41.68</b> 41.55 150m: 2:01.88 42.25 200m: 2:41.68	39.80
23. MARQUES, Filipe Oliveira 50m: 38.53 38.53 100m: 1:20.98	97 Académico de Leiria	<b>2:42.26</b> 42.45 150m: 2:01.45 40.47 200m: 2:42.26	40.81
24. FERREIRA, Ricardo Filipe 50m: 37.90 37.90 100m: 1:18.95	95 Pimpões/Cimai	<b>2:42.48</b> 41.05 150m: 2:01.04 42.09 200m: 2:42.48	41.44
25. GOMES, Daniel Faustino 50m: 38.70 38.70 100m: 1:19.94	96 Alcobaça	<b>2:43.58</b> 41.24 150m: 2:02.38 42.44 200m: 2:43.58	41.20
26. ALMEIDA, Ivo Monico de 50m: 38.84 38.84 100m: 1:21.42	91 Bairro dos Anjos	<b>2:43.72</b> 42.58 150m: 2:04.37 42.95 200m: 2:43.72	39.35
27. SANTOS, Nuno Goncalo 50m: 39.42 39.42 100m: 1:20.70	96 Desportivo Náutico da Marinha	<b>2:43.92</b> 41.28 150m: 2:02.98 42.28 200m: 2:43.92	40.94
28. VENANCIO, Diogo Filipe 50m: 39.06 39.06 100m: 1:20.80	96 Alcobaça	<b>2:44.49</b> 41.74 150m: 2:03.07 42.27 200m: 2:44.49	41.42
29. TOMAS, Edgar Neves 50m: 39.05 39.05 100m: 1:20.56	94 Pimpões/Cimai	<b>2:45.15</b> 41.51 150m: 2:03.74 43.18 200m: 2:45.15	41.41
30. CASALEIRO, Claudio Patricio 50m: 39.21 39.21 100m: 1:21.98	96 Vieiraense	<b>2:46.09</b> 42.77 150m: 2:04.08 42.10 200m: 2:46.09	42.01
31. ANTUNES, Delmar Filipe 50m: 38.10 38.10 100m: 1:19.72	94 Alcobaça	<b>2:46.31</b> 41.62 150m: 2:03.13 43.41 200m: 2:46.31	43.18

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 16, Masc., 200m Costas, Absolutos

Lugar	Ano	Tempo final	Pts
32. GODINHO, Helder Alexandre	86	<b>2:47.61</b>	
50m: 39.41 39.41 100m: 1:21.44	Bairro dos Anjos	42.03 150m: 2:05.33 43.89	200m: 2:47.61 42.28
33. NUNES, Miguel Belo	96	<b>2:48.26</b>	
50m: 40.21 40.21 100m: 1:23.78	Bairro dos Anjos	43.57 150m: 2:07.08 43.30	200m: 2:48.26 41.18
34. MARTINS, Mauricio Santiago	97	<b>2:49.21</b>	
50m: 39.74 39.74 100m: 1:22.24	Alcobaça	42.50 150m: 2:06.14 43.90	200m: 2:49.21 43.07
35. COUTINHO, Pedro Miguel	97	<b>2:49.94</b>	
50m: 38.55 38.55 100m: 1:21.78	Vieirense	43.23 150m: 2:06.67 44.89	200m: 2:49.94 43.27
36. GERARDO, Emanuel Falacho	97	<b>2:50.54</b>	
50m: 40.42 40.42 100m: 1:24.09	Alcobaça	43.67 150m: 2:07.99 43.90	200m: 2:50.54 42.55
37. PENELA, Alexandre Emanuel	93	<b>2:50.77</b>	
50m: 39.83 39.83 100m: 1:23.06	Vieirense	43.23 150m: 2:08.10 45.04	200m: 2:50.77 42.67
38. LAMANDE, Jose Antonio	96	<b>2:52.39</b>	
50m: 40.99 40.99 100m: 1:25.13	Vieirense	44.14 200m: 2:52.39 1:27.26	
39. RIBEIRO, Alexandre Silva	97	<b>2:53.49</b>	
50m: 39.91 39.91 100m: 1:25.46	Obidos Patrimonium	45.55 150m: 2:11.60 46.14	200m: 2:53.49 41.89
40. OLIVEIRA, Tiago Ricardo	98	<b>2:53.89</b>	
50m: 41.34 41.34 100m: 1:24.92	Clube Naval de Peniche/AXA	43.58 150m: 2:09.34 44.42	200m: 2:53.89 44.55
41. BENTO, Andre Manuel	96	<b>2:54.20</b>	
50m: 40.52 40.52 100m: 1:24.42	Alcobaça	43.90 150m: 2:09.50 45.08	200m: 2:54.20 44.70
42. FONSECA, Jose Diogo	98	<b>2:54.51</b>	
50m: 41.13 41.13 100m: 1:26.80	Desportivo Náutico da Marinha	45.67 150m: 2:11.97 45.17	200m: 2:54.51 42.54
43. KHOMENKO, Dmytro	98	<b>2:54.66</b>	
50m: 40.96 40.96 100m: 1:25.73	Académico de Leiria	44.77 150m: 2:11.42 45.69	200m: 2:54.66 43.24
44. VICENTE, Diogo Alexandre	98	<b>2:55.13</b>	
50m: 42.08 42.08 100m: 1:25.69	Alcobaça	43.61 150m: 2:11.14 45.45	200m: 2:55.13 43.99
45. SILVA, Diogo Vicente	98	<b>2:55.93</b>	
50m: 41.77 41.77 100m: 1:28.36	Desportivo Náutico da Marinha	46.59 150m: 2:13.17 44.81	200m: 2:55.93 42.76
46. KOT, Victor	98	<b>2:56.29</b>	
50m: 41.40 41.40 100m: 1:25.92	Desportivo Náutico da Marinha	44.52 150m: 2:11.64 45.72	200m: 2:56.29 44.65
47. TOMAS, Duarte Lourenco	97	<b>2:56.38</b>	
50m: 40.60 40.60 100m: 1:26.07	Obidos Patrimonium	45.47 150m: 2:12.61 46.54	200m: 2:56.38 43.77
48. COELHO, Diogo Pereira	98	<b>2:58.05</b>	
50m: 42.33 42.33 100m: 1:28.17	Alcobaça	45.84 150m: 2:14.64 46.47	200m: 2:58.05 43.41
49. RODRIGUES, Diogo Filipe	98	<b>2:59.17</b>	
50m: 42.36 42.36 100m: 1:29.09	Académico de Leiria	46.73 150m: 2:15.59 46.50	200m: 2:59.17 43.58
50. ROMANO, Marcelo Germano	96	<b>3:00.33</b>	
50m: 42.41 42.41 100m: 1:28.56	Vieirense	46.15 150m: 2:14.88 46.32	200m: 3:00.33 45.45

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 16, Masc., 200m Costas, Absolutos

Lugar	Ano	Tempo final	Pts
51. COELHO, Ricardo Pereira	98 Alcobaça	<b>3:01.36</b>	
50m: 43.57 43.57 100m: 1:28.96 45.39 150m: 2:16.50 47.54 200m: 3:01.36			44.86
52. GOMES, Filipe Miguel	97 Académico de Leiria	<b>3:01.55</b>	
50m: 41.45 41.45 100m: 1:27.96 46.51 150m: 2:16.02 48.06 200m: 3:01.55			45.53
53. RODRIGUES, Pedro Jesus	97 Obidos Patrimonium	<b>3:02.58</b>	
50m: 42.82 42.82 100m: 1:29.11 46.29 150m: 2:16.75 47.64 200m: 3:02.58			45.83
54. VASCONCELOS, Joao Francisco	98 Académico de Leiria	<b>3:04.26</b>	
50m: 41.63 41.63 100m: 1:27.25 45.62 150m: 2:15.57 48.32 200m: 3:04.26			48.69
55. FERREIRA, Guilherme Domingues	96 Núcleo de Pombal	<b>3:04.57</b>	
50m: 42.97 42.97 100m: 1:29.84 46.87 150m: 2:18.40 48.56 200m: 3:04.57			46.17
56. BERNARDINO, Joao Antonio	98 Desportivo Náutico da Marinha	<b>3:05.85</b>	
50m: 44.30 44.30 100m: 1:32.46 48.16 150m: 2:20.60 48.14 200m: 3:05.85			45.25
57. COELHO, Andre Pereira	98 Alcobaça	<b>3:06.59</b>	
50m: 44.68 44.68 100m: 1:32.51 47.83 150m: 2:20.49 47.98 200m: 3:06.59			46.10
58. REPOLHO, Goncalo Manuel	98 Académico de Leiria	<b>3:09.92</b>	
50m: 44.13 44.13 100m: 1:32.68 48.55 150m: 2:21.68 49.00 200m: 3:09.92			48.24
59. TENREIRO, Ricardo Luis	98 Académico de Leiria	<b>3:11.24</b>	
50m: 45.43 45.43 100m: 1:35.41 49.98 150m: 2:23.89 48.48 200m: 3:11.24			47.35
60. MARRAZES, Andre Pinto	97 Desportivo Náutico da Marinha	<b>3:14.27</b>	
50m: 46.62 46.62 100m: 1:35.85 49.23 150m: 2:25.74 49.89 200m: 3:14.27			48.53
DSQ FERREIRA, João Pedro	98 Alcobaça		
<i>O nadador na viragem aos 150 metros saíu da parede na posição ventral</i>			
DNS RIBEIRO, Andre Vitorino	98 Alcobaça		
DNS CERVA, Joao Ricardo	97 Desportivo Náutico da Marinha		

Prova 17

09-10-2010 - 17:05

Femin., 200m Livres

Infantil B  
Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. CRISTOVAO, Mariana Rosendo	99 Obidos Patrimonium	<b>3:28.48</b>	
50m: 48.60 48.60 100m: 1:43.22 54.62 150m: 2:37.30 54.08 200m: 3:28.48			51.18
2. FRANCISCO, Claudia carreira	99 APEEECA	<b>3:38.54</b>	
50m: 43.79 43.79 100m: 1:41.73 57.94 150m: 2:41.65 59.92 200m: 3:38.54			56.89
DSQ GOMES, Bruna Martinho	99 Académico de Leiria		
<i>Falsa Partida</i>			

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 17, Femin., 200m Livres

Prova 17 Femin., 200m Livres Infantil A  
09-10-2010 - 17:05 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. CRAVO, Isabel Catarino 50m: 37.81 37.81 100m: 1:23.76 45.95 150m: 2:12.21 48.45 200m: 2:58.18 45.97	98 Núcleo de Pombal	<b>2:58.18</b>	
2. CANHAO, Patricia Domingues 50m: 40.95 40.95 100m: 1:26.94 45.99 150m: 2:15.67 48.73 200m: 3:02.63 46.96	98 Académico de Leiria	<b>3:02.63</b>	
3. PEREIRA, Sofia Silva 50m: 41.51 41.51 100m: 1:28.72 47.21 150m: 2:19.19 50.47 200m: 3:07.30 48.11	98 Académico de Leiria	<b>3:07.30</b>	
4. DIAS, Catarina Oliveira 50m: 43.58 43.58 100m: 1:35.75 52.17 150m: 2:31.85 56.10 200m: 3:25.37 53.52	98 Académico de Leiria	<b>3:25.37</b>	
DNS COSTA, Marta Marques	98 Clube Naval de Peniche/AXA		

Prova 17 Femin., 200m Livres Juvenil  
09-10-2010 - 17:05 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. FERREIRA, Liliana Sofia 50m: 33.53 33.53 100m: 1:12.07 38.54 150m: 1:52.44 40.37 200m: 2:31.41 38.97	97 Pimpões/Cimai	<b>2:31.41</b>	
2. RELVA, Melissa Cardoso 50m: 35.83 35.83 100m: 1:14.33 38.50 150m: 1:54.27 39.94 200m: 2:34.08 39.81	97 Bairro dos Anjos	<b>2:34.08</b>	
3. DUARTE, Kelly Silva 50m: 35.83 35.83 100m: 1:15.83 40.00 150m: 1:58.42 42.59 200m: 2:38.40 39.98	97 Bairro dos Anjos	<b>2:38.40</b>	
4. MATIAS, Beatriz Gameiro 50m: 37.90 37.90 100m: 1:19.10 41.20 150m: 2:02.83 43.73 200m: 2:43.22 40.39	97 Núcleo de Pombal	<b>2:43.22</b>	
5. MALAQUIAS, Simone Felix 50m: 37.95 37.95 100m: 1:21.54 43.59 150m: 2:05.36 43.82 200m: 2:44.70 39.34	97 Obidos Patrimonium	<b>2:44.70</b>	
6. HENRIQUES, Carolina Quintas 50m: 38.02 38.02 100m: 1:21.49 43.47 150m: 2:08.03 46.54 200m: 2:51.72 43.69	97 Núcleo de Pombal	<b>2:51.72</b>	
DNS FERNANDES, Joana Maria	97 Núcleo de Pombal		

JUÍZ ÁRBITRO  
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SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 17, Femin., 200m Livres

Prova 17  
09-10-2010 - 17:05

Femin., 200m Livres

Junior Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. COSTA, Mariana Jesus 50m: 32.49 32.49 100m: 1:07.39 34.90 150m: 1:44.06 36.67 200m: 2:21.95	96 Alcobaça	<b>2:21.95</b>	37.89
2. SANTOS, Cristiana Ferreira 50m: 35.74 35.74 100m: 1:15.62 39.88 150m: 1:57.98 42.36 200m: 2:38.41	95 Núcleo de Pombal	<b>2:38.41</b>	40.43
3. CAPINHA, Joana Sofia 50m: 36.57 36.57 100m: 1:17.87 41.30 150m: 2:01.01 43.14 200m: 2:41.96	96 Obidos Patrimonium	<b>2:41.96</b>	40.95
4. MARQUES, Catarina Costa e 50m: 37.24 37.24 100m: 1:19.89 42.65 150m: 2:05.18 45.29 200m: 2:49.87	95 Bairro dos Anjos	<b>2:49.87</b>	44.69
DNS BORGES, Ines Filipa	95 Alcobaça		

Prova 17  
09-10-2010 - 17:05

Femin., 200m Livres

Senior Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. ANJOS, Andreia Filipa 50m: 32.38 32.38 100m: 1:07.50 35.12 150m: 1:42.54 35.04 200m: 2:16.64	92 Bairro dos Anjos	<b>2:16.64</b>	34.10
SILVA, Mara Lisboa e 50m: 32.23 32.23 100m: 1:07.30 35.07 150m: 1:42.68 35.38 200m: 2:16.64	93 Bairro dos Anjos	<b>2:16.64</b>	33.96

Prova 17  
09-10-2010 - 17:05

Femin., 200m Livres

Absolutos Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. ANJOS, Andreia Filipa 50m: 32.38 32.38 100m: 1:07.50 35.12 150m: 1:42.54 35.04 200m: 2:16.64	92 Bairro dos Anjos	<b>2:16.64</b>	34.10
SILVA, Mara Lisboa e 50m: 32.23 32.23 100m: 1:07.30 35.07 150m: 1:42.68 35.38 200m: 2:16.64	93 Bairro dos Anjos	<b>2:16.64</b>	33.96
3. COSTA, Mariana Jesus 50m: 32.49 32.49 100m: 1:07.39 34.90 150m: 1:44.06 36.67 200m: 2:21.95	96 Alcobaça	<b>2:21.95</b>	37.89
4. FERREIRA, Liliana Sofia 50m: 33.53 33.53 100m: 1:12.07 38.54 150m: 1:52.44 40.37 200m: 2:31.41	97 Pimpões/Cimai	<b>2:31.41</b>	38.97
5. RELVA, Melissa Cardoso 50m: 35.83 35.83 100m: 1:14.33 38.50 150m: 1:54.27 39.94 200m: 2:34.08	97 Bairro dos Anjos	<b>2:34.08</b>	39.81
6. DUARTE, Kelly Silva 50m: 35.83 35.83 100m: 1:15.83 40.00 150m: 1:58.42 42.59 200m: 2:38.40	97 Bairro dos Anjos	<b>2:38.40</b>	39.98

JUÍZ ÁRBITRO  
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SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 17, Femin., 200m Livres, Absolutos

Lugar	Ano	Tempo final	Pts
7. SANTOS, Cristiana Ferreira 50m: 35.74 35.74 100m: 1:15.62 39.88 150m: 1:57.98 42.36 200m: 2:38.41	95 Núcleo de Pombal	<b>2:38.41</b>	40.43
8. CAPINHA, Joana Sofia 50m: 36.57 36.57 100m: 1:17.87 41.30 150m: 2:01.01 43.14 200m: 2:41.96	96 Obidos Patrimonium	<b>2:41.96</b>	40.95
9. MATIAS, Beatriz Gameiro 50m: 37.90 37.90 100m: 1:19.10 41.20 150m: 2:02.83 43.73 200m: 2:43.22	97 Núcleo de Pombal	<b>2:43.22</b>	40.39
10. MALAQUIAS, Simone Felix 50m: 37.95 37.95 100m: 1:21.54 43.59 150m: 2:05.36 43.82 200m: 2:44.70	97 Obidos Patrimonium	<b>2:44.70</b>	39.34
11. MARQUES, Catarina Costa e 50m: 37.24 37.24 100m: 1:19.89 42.65 150m: 2:05.18 45.29 200m: 2:49.87	95 Bairro dos Anjos	<b>2:49.87</b>	44.69
12. HENRIQUES, Carolina Quintas 50m: 38.02 38.02 100m: 1:21.49 43.47 150m: 2:08.03 46.54 200m: 2:51.72	97 Núcleo de Pombal	<b>2:51.72</b>	43.69
13. CRAVO, Isabel Catarino 50m: 37.81 37.81 100m: 1:23.76 45.95 150m: 2:12.21 48.45 200m: 2:58.18	98 Núcleo de Pombal	<b>2:58.18</b>	45.97
14. CANHAO, Patricia Domingues 50m: 40.95 40.95 100m: 1:26.94 45.99 150m: 2:15.67 48.73 200m: 3:02.63	98 Académico de Leiria	<b>3:02.63</b>	46.96
15. PEREIRA, Sofia Silva 50m: 41.51 41.51 100m: 1:28.72 47.21 150m: 2:19.19 50.47 200m: 3:07.30	98 Académico de Leiria	<b>3:07.30</b>	48.11
16. DIAS, Catarina Oliveira 50m: 43.58 43.58 100m: 1:35.75 52.17 150m: 2:31.85 56.10 200m: 3:25.37	98 Académico de Leiria	<b>3:25.37</b>	53.52
17. CRISTOVAO, Mariana Rosendo 50m: 48.60 48.60 100m: 1:43.22 54.62 150m: 2:37.30 54.08 200m: 3:28.48	99 Obidos Patrimonium	<b>3:28.48</b>	51.18
18. FRANCISCO, Claudia carreira 50m: 43.79 43.79 100m: 1:41.73 57.94 150m: 2:41.65 59.92 200m: 3:38.54	99 APEEECA	<b>3:38.54</b>	56.89
DSQ GOMES, Bruna Martinho <i>Falsa Partida</i>	99 Académico de Leiria		
DNS BORGES, Ines Filipa	95 Alcobaça		
DNS COSTA, Marta Marques	98 Clube Naval de Peniche/AXA		
DNS FERNANDES, Joana Maria	97 Núcleo de Pombal		

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 18 Masc., 200m Livres Infantil B  
09-10-2010 - 17:20 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. <b>TORMENTA, Bernardo Monteiro</b>	98 Clube Naval de Peniche/AXA	<b>2:30.55</b>	
50m: 35.46 35.46 100m: 1:13.66 38.20 150m: 1:53.15 39.49 200m: 2:30.55			37.40
2. <b>CLEMENTE, Bernardo Santos</b>	98 Académico de Leiria	<b>2:30.78</b>	
50m: 34.98 34.98 100m: 1:14.50 39.52 150m: 1:53.82 39.32 200m: 2:30.78			36.96

Prova 18 Masc., 200m Livres Infantil A  
09-10-2010 - 17:20 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. <b>QUERIDO, Ricardo Baptista</b>	97 Obidos Patrimonium	<b>2:21.46</b>	
50m: 32.65 32.65 100m: 1:08.41 35.76 150m: 1:45.92 37.51 200m: 2:21.46			35.54
2. <b>FILIFE, Bernardo Joao</b>	97 Académico de Leiria	<b>2:37.46</b>	
50m: 34.65 34.65 100m: 1:15.13 40.48 150m: 1:57.13 42.00 200m: 2:37.46			40.33
3. <b>ELISEU, Antonio Fonseca</b>	97 Académico de Leiria	<b>2:47.07</b>	
50m: 39.85 39.85 100m: 1:23.42 43.57 150m: 2:06.84 43.42 200m: 2:47.07			40.23
4. <b>SANTOS, Francisco Presado</b>	97 Obidos Patrimonium	<b>2:48.65</b>	
50m: 37.87 37.87 100m: 1:21.87 44.00 150m: 2:06.57 44.70 200m: 2:48.65			42.08
5. <b>GOMES, Vasco Gameiro</b>	97 Núcleo de Pombal	<b>3:01.59</b>	
50m: 41.36 41.36 100m: 1:27.62 46.26 150m: 2:15.72 48.10 200m: 3:01.59			45.87

Prova 18 Masc., 200m Livres Juvenil B  
09-10-2010 - 17:20 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. <b>CUNHA, Lourenco Manuel</b>	96 Bairro dos Anjos	<b>2:18.85</b>	
50m: 31.83 31.83 100m: 1:07.03 35.20 150m: 1:43.84 36.81 200m: 2:18.85			35.01
2. <b>COSTA, Bruno Andre</b>	96 Bairro dos Anjos	<b>2:37.50</b>	
50m: 35.03 35.03 100m: 1:14.82 39.79 150m: 1:56.94 42.12 200m: 2:37.50			40.56

JUÍZ ÁRBITRO  
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Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 18, Masc., 200m Livres

Prova 18 Masc., 200m Livres Juvenil A  
09-10-2010 - 17:20 Resultados

Pontos: FINA 2010

Lugar	Ano		Tempo final				Pts
1. FELICIANO, Nuno Miguel	95	Alcobaça	<b>2:14.22</b>				
50m: 31.57 31.57	100m: 1:06.29	34.72	150m: 1:40.48	34.19	200m: 2:14.22	33.74	
2. NETO, Diogo Ferreira	95	Bairro dos Anjos	<b>2:15.64</b>				
50m: 31.35 31.35	100m: 1:05.68	34.33	150m: 1:40.72	35.04	200m: 2:15.64	34.92	
3. TABORDA, Bruno Filipe	95	Bairro dos Anjos	<b>2:18.05</b>				
50m: 31.17 31.17	100m: 1:06.43	35.26	150m: 1:43.45	37.02	200m: 2:18.05	34.60	
4. GOMES, Miguel Filipe	95	Bairro dos Anjos	<b>2:35.67</b>				
50m: 34.85 34.85	100m: 1:14.50	39.65	150m: 1:57.28	42.78	200m: 2:35.67	38.39	
5. MODERNO, Edi Couto	95	Núcleo de Pombal	<b>2:46.69</b>				
50m: 37.20 37.20	100m: 1:19.57	42.37	150m: 2:03.95	44.38	200m: 2:46.69	42.74	

Prova 18 Masc., 200m Livres Junior  
09-10-2010 - 17:20 Resultados

Pontos: FINA 2010

Lugar	Ano		Tempo final				Pts
1. ALEXANDRE, Miguel Polidoro	94	Bairro dos Anjos	<b>2:07.98</b>				
50m: 29.86 29.86	100m: 1:02.12	32.26	150m: 1:35.55	33.43	200m: 2:07.98	32.43	
2. OLIVEIRA, Filipe Rosa de	93	Bairro dos Anjos	<b>2:08.86</b>				
50m: 30.24 30.24	100m: 1:03.06	32.82	150m: 1:35.69	32.63	200m: 2:08.86	33.17	
3. SOUSA, Andre Ribeiro de	94	Bairro dos Anjos	<b>2:09.38</b>				
50m: 30.05 30.05	100m: 1:02.73	32.68	150m: 1:36.74	34.01	200m: 2:09.38	32.64	
4. GAMEIRO, Goncalo Ferreira	94	Núcleo de Pombal	<b>2:18.21</b>				
50m: 31.41 31.41	100m: 1:06.92	35.51	150m: 1:42.84	35.92	200m: 2:18.21	35.37	
5. ALVES, Telmo Silva	94	Núcleo de Pombal	<b>2:21.12</b>				
50m: 32.45 32.45	100m: 1:07.98	35.53	150m: 1:45.54	37.56	200m: 2:21.12	35.58	

Prova 18 Masc., 200m Livres Absolutos  
09-10-2010 - 17:20 Resultados

Pontos: FINA 2010

Lugar	Ano		Tempo final				Pts
1. ALEXANDRE, Miguel Polidoro	94	Bairro dos Anjos	<b>2:07.98</b>				
50m: 29.86 29.86	100m: 1:02.12	32.26	150m: 1:35.55	33.43	200m: 2:07.98	32.43	
2. OLIVEIRA, Filipe Rosa de	93	Bairro dos Anjos	<b>2:08.86</b>				
50m: 30.24 30.24	100m: 1:03.06	32.82	150m: 1:35.69	32.63	200m: 2:08.86	33.17	
3. SOUSA, Andre Ribeiro de	94	Bairro dos Anjos	<b>2:09.38</b>				
50m: 30.05 30.05	100m: 1:02.73	32.68	150m: 1:36.74	34.01	200m: 2:09.38	32.64	

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 18, Masc., 200m Livres, Absolutos

Lugar	Ano	Tempo final	Pts
4. FELICIANO, Nuno Miguel	95	<b>2:14.22</b>	
50m: 31.57 31.57 100m: 1:06.29 34.72 150m: 1:40.48 34.19 200m: 2:14.22			33.74
5. NETO, Diogo Ferreira	95	<b>2:15.64</b>	
50m: 31.35 31.35 100m: 1:05.68 34.33 150m: 1:40.72 35.04 200m: 2:15.64			34.92
6. TABORDA, Bruno Filipe	95	<b>2:18.05</b>	
50m: 31.17 31.17 100m: 1:06.43 35.26 150m: 1:43.45 37.02 200m: 2:18.05			34.60
7. GAMEIRO, Goncalo Ferreira	94	<b>2:18.21</b>	
50m: 31.41 31.41 100m: 1:06.92 35.51 150m: 1:42.84 35.92 200m: 2:18.21			35.37
8. CUNHA, Lourenco Manuel	96	<b>2:18.85</b>	
50m: 31.83 31.83 100m: 1:07.03 35.20 150m: 1:43.84 36.81 200m: 2:18.85			35.01
9. ALVES, Telmo Silva	94	<b>2:21.12</b>	
50m: 32.45 32.45 100m: 1:07.98 35.53 150m: 1:45.54 37.56 200m: 2:21.12			35.58
10. QUERIDO, Ricardo Baptista	97	<b>2:21.46</b>	
50m: 32.65 32.65 100m: 1:08.41 35.76 150m: 1:45.92 37.51 200m: 2:21.46			35.54
11. TORMENTA, Bernardo Monteiro	98	<b>2:30.55</b>	
50m: 35.46 35.46 100m: 1:13.66 38.20 150m: 1:53.15 39.49 200m: 2:30.55			37.40
12. CLEMENTE, Bernardo Santos	98	<b>2:30.78</b>	
50m: 34.98 34.98 100m: 1:14.50 39.52 150m: 1:53.82 39.32 200m: 2:30.78			36.96
13. GOMES, Miguel Filipe	95	<b>2:35.67</b>	
50m: 34.85 34.85 100m: 1:14.50 39.65 150m: 1:57.28 42.78 200m: 2:35.67			38.39
14. FILIPE, Bernardo Joao	97	<b>2:37.46</b>	
50m: 34.65 34.65 100m: 1:15.13 40.48 150m: 1:57.13 42.00 200m: 2:37.46			40.33
15. COSTA, Bruno Andre	96	<b>2:37.50</b>	
50m: 35.03 35.03 100m: 1:14.82 39.79 150m: 1:56.94 42.12 200m: 2:37.50			40.56
16. MODERNO, Edi Couto	95	<b>2:46.69</b>	
50m: 37.20 37.20 100m: 1:19.57 42.37 150m: 2:03.95 44.38 200m: 2:46.69			42.74
17. ELISEU, Antonio Fonseca	97	<b>2:47.07</b>	
50m: 39.85 39.85 100m: 1:23.42 43.57 150m: 2:06.84 43.42 200m: 2:47.07			40.23
18. SANTOS, Francisco Presado	97	<b>2:48.65</b>	
50m: 37.87 37.87 100m: 1:21.87 44.00 150m: 2:06.57 44.70 200m: 2:48.65			42.08
19. GOMES, Vasco Gameiro	97	<b>3:01.59</b>	
50m: 41.36 41.36 100m: 1:27.62 46.26 150m: 2:15.72 48.10 200m: 3:01.59			45.87

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 19 Femin., 4 x 50m Estilos Infantil B  
09-10-2010 - 17:35 Resultados

Pontos: FINA 2010

Lugar			Tempo final	Pts
1.	Académico de Leiria Inf	Académico de Leiria	<b>2:48.30</b>	
	PECA, Sara Conceicao 99	41.81 PEREIRA, Joana Sousa 99		36.53
	MARTINS, Carolina Santos 99	46.22 GOMES, Bruna Martinho 99		43.74

Prova 19 Femin., 4 x 50m Estilos Infantil A  
09-10-2010 - 17:35 Resultados

Pontos: FINA 2010

Lugar			Tempo final	Pts
1.	Académico de Leiria Inf	Académico de Leiria	<b>2:58.88</b>	
	PEREIRA, Sofia Silva 98	47.25 LEAL, Catarina Goncalves 98		38.18
	CANHAO, Patricia Domingues 98	48.61 DIAS, Catarina Oliveira 98		44.84

Prova 19 Femin., 4 x 50m Estilos Juvenil  
09-10-2010 - 17:35 Resultados

Pontos: FINA 2010

Lugar			Tempo final	Pts
1.	BA Leiria Juv	Bairro dos Anjos	<b>2:28.67</b>	
	DUARTE, Kelly Silva 97	39.84 RELVA, Melissa Cardoso 97		
	TEODOSIO, Marina Nicolina 97	38.75 PEREIRA, Bruna Filipa 97		

Prova 19 Femin., 4 x 50m Estilos Junior  
09-10-2010 - 17:35 Resultados

Pontos: FINA 2010

Lugar			Tempo final	Pts
1.	Pimpões/ Cimai Jun	Pimpões/Cimai	<b>2:15.78</b>	
	GUIMARAES, Joana Margarida 95	34.39 KAMINSKAYA, Victoriya 95		30.15
	DIAS, Jennifer Martins 96	41.09 NEVES, Ana Isabel 96		30.15
2.	Núcleo Pombal Jun	Núcleo de Pombal	<b>2:27.02</b>	
	GONCALVES, Carolina Santana 95	36.79 LIMA, Cristiana Andreia 95		35.83
	LOPES, Isabel Goncalves 96	40.44 SANTOS, Cristiana Ferreira 95		33.96

JUÍZ ÁRBITRO  
Isabel Resende

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Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 19, Femin., 4 x 50m Estilos

Prova 19  
09-10-2010 - 17:35

Femin., 4 x 50m Estilos

Absolutos  
Resultados

Pontos: FINA 2010

Lugar				Tempo final	Pts
1.	BA Leiria ABS		Bairro dos Anjos	<b>2:07.86</b>	
	ANJOS, Andreia Filipa	92	32.95 CRUZ, Sara Francisco	93	30.89
	BRITO, Ana Marisa	90	34.05 DIAS, Mariana Mota	92	29.78
2.	Pimpões/ Cimai Abs		Pimpões/Cimai	<b>2:21.04</b>	
	SILVA, Mariana Maia e	94	38.53 SANTOS, Cristina Paris	94	32.18
	FERREIRA, Liliana Sofia	97	39.02 GRILO, Telma Alexandra	92	31.31
3.	BA Leiria ABS		Bairro dos Anjos	<b>2:25.54</b>	
	SILVA, Mara Lisboa e	93	33.83 CARVALHO, Jessica Andreia	96	35.28
	MARQUES, Catarina Costa e	95	46.65 LISBOA, Adriana Filipa	92	29.78
4.	Alcobaça ABS		Alcobaça	<b>2:35.85</b>	
	MALHO, Cristiana Vanessa	98	41.40 RIBEIRO, Mara Casimiro	97	38.75
	JOAO, Adriana Duarte	97	43.23 PEREIRA, Cristiana Maria	97	32.47
5.	Núcleo Pombal Abs		Núcleo de Pombal	<b>2:46.45</b>	
	DUARTE, Mariana Jorge	97	42.86 HENRIQUES, Carolina Quintas	97	45.82
	MATIAS, Beatriz Gameiro	97	42.12 CRAVO, Isabel Catarino	98	35.65
DSQ	Alcobaça Abs		Alcobaça		
	<i>Falsa rendição da 4ª nadadora</i>				
	COSTA, Mariana Jesus	96	35.94 COSTA, Ana Sofia	95	
	ROCHA, Sara Mafra	99	PALMA, Carla Rosario	96	

Prova 20  
09-10-2010 - 17:45

Masc., 4 x 50m Estilos

Infantil B  
Resultados

Pontos: FINA 2010

Lugar				Tempo final	Pts
1.	Académico De Leiria Inf		Académico de Leiria	<b>2:31.22</b>	
	KHOMENKO, Dmytro	98	39.86 CLEMENTE, Bernardo Santos	98	36.19
	VASCONCELOS, Joao Francisco	98	41.80 RODRIGUES, Diogo Filipe	98	33.37

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 20, Masc., 4 x 50m Estilos

Prova 20 Masc., 4 x 50m Estilos Infantil A  
09-10-2010 - 17:45 Resultados

Pontos: FINA 2010

Lugar			Tempo final	Pts
1.	OP Inf A	Obidos Patrimonium	<b>2:25.65</b>	
	QUERIDO, Ricardo Baptista 97	36.43 RIBEIRO, Alexandre Silva 97		33.31
	SANTOS, Francisco Presado 97	43.32 TOMAS, Duarte Lourenco 97		32.59
2.	Académico de Leiria Inf	Académico de Leiria	<b>2:27.39</b>	
	ELISEU, Antonio Fonseca 97	43.30 FILIPE, Bernardo Joao 97		36.89
	MARQUES, Filipe Oliveira 97	35.30 GOMES, Filipe Miguel 97		31.90

Prova 20 Masc., 4 x 50m Estilos Juvenil B  
09-10-2010 - 17:45 Resultados

Pontos: FINA 2010

Lugar			Tempo final	Pts
1.	BA Leiria Juv B	Bairro dos Anjos	<b>2:21.06</b>	
	CUNHA, Lourenco Manuel 96	35.79 MARQUES, Fábio Ferreira 96		
	SOUSA, Tiago Sequeira 96	NUNES, Miguel Belo 96		
2.	Alcobaça Juv B	Alcobaça	<b>2:22.73</b>	
	VENANCIO, Diogo Filipe 96	37.54 BUGALHO, Jose Pedro 96		31.75
	GOMES, Daniel Faustino 96	42.13 BENTO, Andre Manuel 96		31.31

Prova 20 Masc., 4 x 50m Estilos Juvenil A  
09-10-2010 - 17:45 Resultados

Pontos: FINA 2010

Lugar			Tempo final	Pts
1.	BA Leiria JUV A	Bairro dos Anjos	<b>2:07.40</b>	
	<i>Recorde Distrital categoria Juvenil A masculino</i>			
	TABORDA, Bruno Filipe 95	32.52 NETO, Walter Marcos 95		29.40
	NETO, Diogo Ferreira 95	37.09 LOPES, Joao Baptista 95		28.39

Prova 20 Masc., 4 x 50m Estilos Junior  
09-10-2010 - 17:45 Resultados

Pontos: FINA 2010

Lugar			Tempo final	Pts
1.	Pimpões/ Cimai Jun	Pimpões/Cimai	<b>1:53.03</b>	
	<i>Recorde Distrital Categoria Junior Masculino</i>			
	SILVA, Diogo Maia e 93	28.71 SALDANHA, Marcelo Santos 94		28.11
	MACHADO, Tiago Geraldés 93	30.80 VALE, Alexandre Galveias 93		25.41
2.	Alcobaça Jun	Alcobaça	<b>1:56.39</b>	
	GRACA, Andre Filipe da 93	31.24 DIOGO, Miguel Monteiro 93		27.02
	SILVA, Diogo Parrilha da 93	30.69 VICENTE, Andre Alexandre 94		27.44

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 20, Masc., 4 x 50m Estilos, Junior

Lugar					Tempo final	Pts
3.	BA Leiria Jun		Bairro dos Anjos		<b>2:04.46</b>	
	ALEXANDRE, Miguel Polidoro	94	32.55	SOUSA, Andre Ribeiro de	94	31.41
	DOMINGUES, Diogo Manuel	94	34.07	OLIVEIRA, Filipe Rosa de	93	26.43

Prova 20  
09-10-2010 - 17:45

Masc., 4 x 50m Estilos

Senior Resultados

Pontos: FINA 2010

Lugar					Tempo final	Pts
1.	BA Leiria Sen		Bairro dos Anjos		<b>1:53.83</b>	
	PEREIRA, Tiago Filipe	91	30.53	ALMEIDA, Ivo Monico de	91	26.94
	GODINHO, Helder Alexandre	86	31.43	CUSTODIO, Raul Jose	88	24.93

Prova 20  
09-10-2010 - 17:45

Masc., 4 x 50m Estilos

Absolutos Resultados

Pontos: FINA 2010

Lugar					Tempo final	Pts
1.	Pimpões/ Cimai ABS		Pimpões/Cimai		<b>2:01.01</b>	
	MACHADO, Joao Gerales	86	30.54	FERREIRA, Ricardo Filipe	95	30.01
	VIEIRA, Joao Guilherme	93	32.79	PINTO, Francisco Gouveia	95	27.67
2.	Núcleo Pombal ABS		Núcleo de Pombal		<b>2:19.03</b>	
	FERNANDES, Diogo Miguel	96	41.14	CINTRAO, Pedro Rafael	96	29.91
	GAMEIRO, Goncalo Ferreira	94	37.21	ALVES, Telmo Silva	94	30.77

Prova 21  
09-10-2010 - 17:55

Femin., 1500m Livres

Juvenil Resultados

Pontos: FINA 2010

Lugar					Ano					Tempo final	Pts	
1.	LUIS, Beatriz Oliveira		97		Pimpões/Cimai				<b>20:14.87</b>			
	50m:	35.43	35.43	450m:	5:56.43	41.10	850m:	11:24.25	40.26	1250m:	16:53.13	42.04
	100m:	1:14.18	38.75	500m:	6:36.94	40.51	900m:	12:04.52	40.27	1300m:	17:34.14	41.01
	150m:	1:54.05	39.87	550m:	7:18.49	41.55	950m:	12:44.81	40.29	1350m:	18:15.16	41.02
	200m:	2:34.02	39.97	600m:	7:59.51	41.02	1000m:	13:25.56	40.75	1400m:	18:56.30	41.14
	250m:	3:13.70	39.68	650m:	8:40.92	41.41	1050m:	14:07.02	41.46	1450m:	19:36.78	40.48
	300m:	3:53.99	40.29	700m:	9:22.00	41.08	1100m:	14:48.10	41.08	1500m:	20:14.87	38.09
	350m:	4:34.62	40.63	750m:	10:03.09	41.09	1150m:	15:29.39	41.29			
	400m:	5:15.33	40.71	800m:	10:43.99	40.90	1200m:	16:11.09	41.70			
DSQ	PEDRO, Ana Beatriz		97		Pimpões/Cimai				<b>21:22.97</b>			
	<i>Falsa Partida</i>											

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 21, Femin., 1500m Livres

Prova 21 Femin., 1500m Livres Junior  
09-10-2010 - 17:55 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. KAMINSKAYA, Victoriya	95 Pimpões/Cimai	<b>18:20.86</b>	
<i>Recorde Distrital categoria Junior Feminino</i>			
50m: 34.76 34.76	450m: 5:32.27 36.70	850m: 10:26.13 36.75	1250m: 15:19.85 37.02
100m: 1:11.87 37.11	500m: 6:09.08 36.81	900m: 11:02.91 36.78	1300m: 15:56.68 36.83
150m: 1:49.23 37.36	550m: 6:45.99 36.91	950m: 11:39.62 36.71	1350m: 16:33.38 36.70
200m: 2:26.79 37.56	600m: 7:22.79 36.80	1000m: 12:16.39 36.77	1400m: 17:09.85 36.47
250m: 3:03.84 37.05	650m: 7:59.50 36.71	1050m: 12:53.04 36.65	1450m: 17:46.17 36.32
300m: 3:41.02 37.18	700m: 8:36.17 36.67	1100m: 13:29.79 36.75	1500m: 18:20.86 34.69
350m: 4:18.43 37.41	750m: 9:12.83 36.66	1150m: 14:06.17 36.38	
400m: 4:55.57 37.14	800m: 9:49.38 36.55	1200m: 14:42.83 36.66	
2. NEVES, Ana Isabel	96 Pimpões/Cimai	<b>19:57.49</b>	
50m: 35.52 35.52	450m: 5:51.12 39.73	850m: 11:09.04 40.53	1250m: 16:34.44 40.70
100m: 1:13.88 38.36	500m: 6:30.81 39.69	900m: 11:48.98 39.94	1300m: 17:15.30 40.86
150m: 1:52.84 38.96	550m: 7:10.49 39.68	950m: 12:29.04 40.06	1350m: 17:56.43 41.13
200m: 2:32.34 39.50	600m: 7:50.19 39.70	1000m: 13:09.51 40.47	1400m: 18:37.58 41.15
250m: 3:11.68 39.34	650m: 8:30.08 39.89	1050m: 13:50.19 40.68	1450m: 19:18.14 40.56
300m: 3:51.39 39.71	700m: 9:09.84 39.76	1100m: 14:31.27 41.08	1500m: 19:57.49 39.35
350m: 4:31.35 39.96	750m: 9:49.42 39.58	1150m: 15:12.22 40.95	
400m: 5:11.39 40.04	800m: 10:28.51 39.09	1200m: 15:53.74 41.52	

Prova 21 Femin., 1500m Livres Absolutos  
09-10-2010 - 17:55 Resultados

Pontos: FINA 2010

Lugar	Ano	Tempo final	Pts
1. KAMINSKAYA, Victoriya	95 Pimpões/Cimai	<b>18:20.86</b>	
<i>Recorde Distrital categoria Junior Feminino</i>			
50m: 34.76 34.76	450m: 5:32.27 36.70	850m: 10:26.13 36.75	1250m: 15:19.85 37.02
100m: 1:11.87 37.11	500m: 6:09.08 36.81	900m: 11:02.91 36.78	1300m: 15:56.68 36.83
150m: 1:49.23 37.36	550m: 6:45.99 36.91	950m: 11:39.62 36.71	1350m: 16:33.38 36.70
200m: 2:26.79 37.56	600m: 7:22.79 36.80	1000m: 12:16.39 36.77	1400m: 17:09.85 36.47
250m: 3:03.84 37.05	650m: 7:59.50 36.71	1050m: 12:53.04 36.65	1450m: 17:46.17 36.32
300m: 3:41.02 37.18	700m: 8:36.17 36.67	1100m: 13:29.79 36.75	1500m: 18:20.86 34.69
350m: 4:18.43 37.41	750m: 9:12.83 36.66	1150m: 14:06.17 36.38	
400m: 4:55.57 37.14	800m: 9:49.38 36.55	1200m: 14:42.83 36.66	
2. NEVES, Ana Isabel	96 Pimpões/Cimai	<b>19:57.49</b>	
50m: 35.52 35.52	450m: 5:51.12 39.73	850m: 11:09.04 40.53	1250m: 16:34.44 40.70
100m: 1:13.88 38.36	500m: 6:30.81 39.69	900m: 11:48.98 39.94	1300m: 17:15.30 40.86
150m: 1:52.84 38.96	550m: 7:10.49 39.68	950m: 12:29.04 40.06	1350m: 17:56.43 41.13
200m: 2:32.34 39.50	600m: 7:50.19 39.70	1000m: 13:09.51 40.47	1400m: 18:37.58 41.15
250m: 3:11.68 39.34	650m: 8:30.08 39.89	1050m: 13:50.19 40.68	1450m: 19:18.14 40.56
300m: 3:51.39 39.71	700m: 9:09.84 39.76	1100m: 14:31.27 41.08	1500m: 19:57.49 39.35
350m: 4:31.35 39.96	750m: 9:49.42 39.58	1150m: 15:12.22 40.95	
400m: 5:11.39 40.04	800m: 10:28.51 39.09	1200m: 15:53.74 41.52	

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 21, Femin., 1500m Livres, Absolutos

Lugar			Ano			Tempo final	Pts	
3.	LUIS, Beatriz Oliveira		97	Pimpões/Cimai		<b>20:14.87</b>		
	50m:	35.43 35.43	450m:	5:56.43 41.10	850m:	11:24.25 40.26	1250m:	16:53.13 42.04
	100m:	1:14.18 38.75	500m:	6:36.94 40.51	900m:	12:04.52 40.27	1300m:	17:34.14 41.01
	150m:	1:54.05 39.87	550m:	7:18.49 41.55	950m:	12:44.81 40.29	1350m:	18:15.16 41.02
	200m:	2:34.02 39.97	600m:	7:59.51 41.02	1000m:	13:25.56 40.75	1400m:	18:56.30 41.14
	250m:	3:13.70 39.68	650m:	8:40.92 41.41	1050m:	14:07.02 41.46	1450m:	19:36.78 40.48
	300m:	3:53.99 40.29	700m:	9:22.00 41.08	1100m:	14:48.10 41.08	1500m:	20:14.87 38.09
	350m:	4:34.62 40.63	750m:	10:03.09 41.09	1150m:	15:29.39 41.29		
	400m:	5:15.33 40.71	800m:	10:43.99 40.90	1200m:	16:11.09 41.70		
DSQ	PEDRO, Ana Beatriz		97	Pimpões/Cimai		<b>21:22.97</b>		
	<i>Falsa Partida</i>							

Prova 22  
09-10-2010 - 18:15

Masc., 1500m Livres

Infantil A  
Resultados

Pontos: FINA 2010

Lugar			Ano			Tempo final	Pts	
1.	GONCALVES, Joao Courelas		97	Núcleo de Pombal		<b>20:55.77</b>		
	50m:	34.09 34.09	450m:	6:07.46 42.13	850m:	11:45.59 42.81	1250m:	17:26.69 43.45
	100m:	1:12.79 38.70	500m:	6:49.82 42.36	900m:	12:27.84 42.25	1300m:	18:08.60 41.91
	150m:	1:53.63 40.84	550m:	7:32.13 42.31	950m:	13:10.97 43.13	1350m:	18:52.02 43.42
	200m:	2:35.18 41.55	600m:	8:14.05 41.92	1000m:	13:53.52 42.55	1400m:	19:34.16 42.14
	250m:	3:17.28 42.10	650m:	8:56.57 42.52	1050m:	14:35.86 42.34	1450m:	20:16.83 42.67
	300m:	3:59.59 42.31	700m:	9:38.70 42.13	1100m:	15:17.52 41.66	1500m:	20:55.77 38.94
	350m:	4:41.60 42.01	750m:	10:20.75 42.05	1150m:	16:00.67 43.15		
	400m:	5:25.33 43.73	800m:	11:02.78 42.03	1200m:	16:43.24 42.57		
2.	JERONIMO, Ricardo Contreiras		97	Núcleo de Pombal		<b>22:20.76</b>		
	50m:	38.79 38.79	450m:	6:38.11 46.62	850m:	12:33.64 44.63	1250m:	18:37.60 43.81
	100m:	1:21.96 43.17	500m:	7:25.70 47.59	900m:	13:18.07 44.43	1300m:	19:23.91 46.31
	150m:	2:06.22 44.26	550m:	8:13.41 47.71	950m:	14:02.31 44.24	1400m:	20:55.62 1:31.71
	200m:	2:49.91 43.69	600m:	8:56.57 43.16	1000m:	14:47.33 45.02	1450m:	21:40.78 45.16
	250m:	3:35.22 45.31	650m:	9:39.09 42.52	1050m:	15:33.46 46.13	1500m:	22:20.76 39.98
	300m:	4:20.97 45.75	700m:	10:21.62 42.53	1100m:	16:19.94 46.48		
	350m:	5:06.45 45.48	750m:	11:05.34 43.72	1150m:	17:06.69 46.75		
	400m:	5:51.49 45.04	800m:	11:49.01 43.67	1200m:	17:53.79 47.10		

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 22, Masc., 1500m Livres

Prova 22 Masc., 1500m Livres Juvenil B  
09-10-2010 - 18:15 Resultados

Pontos: FINA 2010

Lugar			Ano					Tempo final	Pts			
1.	FERNANDES, Diogo Miguel		96	Núcleo de Pombal				<b>21:19.26</b>				
	50m:	35.99	35.99	450m:	6:20.21	44.38	850m:	12:07.33	43.32	1250m:	17:54.32	43.73
	100m:	1:16.98	40.99	500m:	7:04.44	44.23	900m:	12:49.91	42.58	1300m:	18:35.45	41.13
	150m:	1:59.91	42.93	550m:	7:48.31	43.87	950m:	13:32.94	43.03	1350m:	19:18.67	43.22
	200m:	2:42.38	42.47	600m:	8:32.51	44.20	1000m:	14:16.62	43.68	1400m:	20:01.00	42.33
	250m:	3:25.10	42.72	650m:	9:17.55	45.04	1050m:	14:59.86	43.24	1450m:	20:42.30	41.30
	300m:	4:08.28	43.18	700m:	9:58.11	40.56	1100m:	15:43.33	43.47	1500m:	21:19.26	36.96
	350m:	4:51.19	42.91	750m:	10:41.57	43.46	1150m:	16:27.14	43.81			
	400m:	5:35.83	44.64	800m:	11:24.01	42.44	1200m:	17:10.59	43.45			

Prova 22 Masc., 1500m Livres Junior  
09-10-2010 - 18:15 Resultados

Pontos: FINA 2010

Lugar			Ano					Tempo final	Pts			
1.	SILVA, Diogo Maia e		93	Pimpões/Cimai				<b>17:31.92</b>				
	50m:	32.15	32.15	450m:	5:11.80	34.86	850m:	9:50.87	35.05	1250m:	14:35.27	35.63
	100m:	1:06.36	34.21	500m:	5:46.69	34.89	900m:	10:26.02	35.15	1300m:	15:10.90	35.63
	150m:	1:41.26	34.90	550m:	6:21.37	34.68	950m:	11:01.25	35.23	1350m:	15:46.56	35.66
	200m:	2:16.79	35.53	600m:	6:56.32	34.95	1000m:	11:36.85	35.60	1400m:	16:22.13	35.57
	250m:	2:51.80	35.01	650m:	7:31.25	34.93	1050m:	12:12.41	35.56	1450m:	16:57.66	35.53
	300m:	3:26.95	35.15	700m:	8:05.90	34.65	1100m:	12:48.09	35.68	1500m:	17:31.92	34.26
	350m:	4:01.94	34.99	750m:	8:40.91	35.01	1150m:	13:23.69	35.60			
	400m:	4:36.94	35.00	800m:	9:15.82	34.91	1200m:	13:59.64	35.95			
2.	SALDANHA, Marcelo Santos		94	Pimpões/Cimai				<b>17:45.85</b>				
	50m:	30.64	30.64	450m:	5:07.77	35.67	850m:	9:56.98	36.70	1250m:	14:47.11	36.00
	100m:	1:03.92	33.28	500m:	5:44.12	36.35	900m:	10:33.43	36.45	1300m:	15:23.84	36.73
	150m:	1:37.54	33.62	550m:	6:19.97	35.85	950m:	11:10.28	36.85	1350m:	15:59.27	35.43
	200m:	2:11.73	34.19	600m:	6:55.62	35.65	1000m:	11:46.50	36.22	1400m:	16:35.10	35.83
	250m:	2:46.54	34.81	650m:	7:31.65	36.03	1050m:	12:23.01	36.51	1450m:	17:11.08	35.98
	300m:	3:21.55	35.01	700m:	8:07.62	35.97	1100m:	12:59.12	36.11	1500m:	17:45.85	34.77
	350m:	3:56.56	35.01	750m:	8:43.95	36.33	1150m:	13:34.84	35.72			
	400m:	4:32.10	35.54	800m:	9:20.28	36.33	1200m:	14:11.11	36.27			
3.	VALE, Alexandre Galveias		93	Pimpões/Cimai				<b>18:19.26</b>				
	50m:	32.69	32.69	450m:	5:27.19	36.90	850m:	10:25.27	37.19	1250m:	15:21.91	37.07
	100m:	1:08.56	35.87	500m:	6:04.22	37.03	900m:	11:02.18	36.91	1300m:	15:58.11	36.20
	150m:	1:45.22	36.66	550m:	6:41.65	37.43	950m:	11:39.36	37.18	1350m:	16:33.82	35.71
	200m:	2:22.20	36.98	600m:	7:18.77	37.12	1000m:	12:16.56	37.20	1400m:	17:09.60	35.78
	250m:	2:59.16	36.96	650m:	7:56.36	37.59	1050m:	12:53.82	37.26	1450m:	17:44.87	35.27
	300m:	3:36.15	36.99	700m:	8:33.50	37.14	1100m:	13:30.84	37.02	1500m:	18:19.26	34.39
	350m:	4:13.27	37.12	750m:	9:10.75	37.25	1150m:	14:07.89	37.05			
	400m:	4:50.29	37.02	800m:	9:48.08	37.33	1200m:	14:44.84	36.95			

JUÍZ ÁRBITRO  
Isabel Resende

SECRETARIADO  
Nuno Maximiano

Torneio de Abertura - ABS  
Leiria, 9.10.2010

Prova 22, Masc., 1500m Livres

Prova 22  
09-10-2010 - 18:15

Masc., 1500m Livres

Absolutos  
Resultados

Pontos: FINA 2010

Lugar			Ano							Tempo final	Pts	
<b>1.</b>	<b>SILVA, Diogo Maia e</b>		<b>93</b>	<b>Pimpões/Cimai</b>						<b>17:31.92</b>		
	50m:	32.15	32.15	450m:	5:11.80	34.86	850m:	9:50.87	35.05	1250m:	14:35.27	35.63
	100m:	1:06.36	34.21	500m:	5:46.69	34.89	900m:	10:26.02	35.15	1300m:	15:10.90	35.63
	150m:	1:41.26	34.90	550m:	6:21.37	34.68	950m:	11:01.25	35.23	1350m:	15:46.56	35.66
	200m:	2:16.79	35.53	600m:	6:56.32	34.95	1000m:	11:36.85	35.60	1400m:	16:22.13	35.57
	250m:	2:51.80	35.01	650m:	7:31.25	34.93	1050m:	12:12.41	35.56	1450m:	16:57.66	35.53
	300m:	3:26.95	35.15	700m:	8:05.90	34.65	1100m:	12:48.09	35.68	1500m:	17:31.92	34.26
	350m:	4:01.94	34.99	750m:	8:40.91	35.01	1150m:	13:23.69	35.60			
	400m:	4:36.94	35.00	800m:	9:15.82	34.91	1200m:	13:59.64	35.95			
<b>2.</b>	<b>SALDANHA, Marcelo Santos</b>		<b>94</b>	<b>Pimpões/Cimai</b>						<b>17:45.85</b>		
	50m:	30.64	30.64	450m:	5:07.77	35.67	850m:	9:56.98	36.70	1250m:	14:47.11	36.00
	100m:	1:03.92	33.28	500m:	5:44.12	36.35	900m:	10:33.43	36.45	1300m:	15:23.84	36.73
	150m:	1:37.54	33.62	550m:	6:19.97	35.85	950m:	11:10.28	36.85	1350m:	15:59.27	35.43
	200m:	2:11.73	34.19	600m:	6:55.62	35.65	1000m:	11:46.50	36.22	1400m:	16:35.10	35.83
	250m:	2:46.54	34.81	650m:	7:31.65	36.03	1050m:	12:23.01	36.51	1450m:	17:11.08	35.98
	300m:	3:21.55	35.01	700m:	8:07.62	35.97	1100m:	12:59.12	36.11	1500m:	17:45.85	34.77
	350m:	3:56.56	35.01	750m:	8:43.95	36.33	1150m:	13:34.84	35.72			
	400m:	4:32.10	35.54	800m:	9:20.28	36.33	1200m:	14:11.11	36.27			
<b>3.</b>	<b>VALE, Alexandre Galveias</b>		<b>93</b>	<b>Pimpões/Cimai</b>						<b>18:19.26</b>		
	50m:	32.69	32.69	450m:	5:27.19	36.90	850m:	10:25.27	37.19	1250m:	15:21.91	37.07
	100m:	1:08.56	35.87	500m:	6:04.22	37.03	900m:	11:02.18	36.91	1300m:	15:58.11	36.20
	150m:	1:45.22	36.66	550m:	6:41.65	37.43	950m:	11:39.36	37.18	1350m:	16:33.82	35.71
	200m:	2:22.20	36.98	600m:	7:18.77	37.12	1000m:	12:16.56	37.20	1400m:	17:09.60	35.78
	250m:	2:59.16	36.96	650m:	7:56.36	37.59	1050m:	12:53.82	37.26	1450m:	17:44.87	35.27
	300m:	3:36.15	36.99	700m:	8:33.50	37.14	1100m:	13:30.84	37.02	1500m:	18:19.26	34.39
	350m:	4:13.27	37.12	750m:	9:10.75	37.25	1150m:	14:07.89	37.05			
	400m:	4:50.29	37.02	800m:	9:48.08	37.33	1200m:	14:44.84	36.95			
<b>4.</b>	<b>GONCALVES, Joao Courelas</b>		<b>97</b>	<b>Núcleo de Pombal</b>						<b>20:55.77</b>		
	50m:	34.09	34.09	450m:	6:07.46	42.13	850m:	11:45.59	42.81	1250m:	17:26.69	43.45
	100m:	1:12.79	38.70	500m:	6:49.82	42.36	900m:	12:27.84	42.25	1300m:	18:08.60	41.91
	150m:	1:53.63	40.84	550m:	7:32.13	42.31	950m:	13:10.97	43.13	1350m:	18:52.02	43.42
	200m:	2:35.18	41.55	600m:	8:14.05	41.92	1000m:	13:53.52	42.55	1400m:	19:34.16	42.14
	250m:	3:17.28	42.10	650m:	8:56.57	42.52	1050m:	14:35.86	42.34	1450m:	20:16.83	42.67
	300m:	3:59.59	42.31	700m:	9:38.70	42.13	1100m:	15:17.52	41.66	1500m:	20:55.77	38.94
	350m:	4:41.60	42.01	750m:	10:20.75	42.05	1150m:	16:00.67	43.15			
	400m:	5:25.33	43.73	800m:	11:02.78	42.03	1200m:	16:43.24	42.57			
<b>5.</b>	<b>FERNANDES, Diogo Miguel</b>		<b>96</b>	<b>Núcleo de Pombal</b>						<b>21:19.26</b>		
	50m:	35.99	35.99	450m:	6:20.21	44.38	850m:	12:07.33	43.32	1250m:	17:54.32	43.73
	100m:	1:16.98	40.99	500m:	7:04.44	44.23	900m:	12:49.91	42.58	1300m:	18:35.45	41.13
	150m:	1:59.91	42.93	550m:	7:48.31	43.87	950m:	13:32.94	43.03	1350m:	19:18.67	43.22
	200m:	2:42.38	42.47	600m:	8:32.51	44.20	1000m:	14:16.62	43.68	1400m:	20:01.00	42.33
	250m:	3:25.10	42.72	650m:	9:17.55	45.04	1050m:	14:59.86	43.24	1450m:	20:42.30	41.30
	300m:	4:08.28	43.18	700m:	9:58.11	40.56	1100m:	15:43.33	43.47	1500m:	21:19.26	36.96
	350m:	4:51.19	42.91	750m:	10:41.57	43.46	1150m:	16:27.14	43.81			
	400m:	5:35.83	44.64	800m:	11:24.01	42.44	1200m:	17:10.59	43.45			

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Torneio de Abertura - ABS  
Leiria, 9.10.2010

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Prova 22, Masc., 1500m Livres, Absolutos

Lugar			Ano			Tempo final	Pts	
6.	JERONIMO, Ricardo Contreiras		97	Núcleo de Pombal		<b>22:20.76</b>		
	50m:	38.79 38.79	450m:	6:38.11 46.62	850m:	12:33.64 44.63	1250m:	18:37.60 43.81
	100m:	1:21.96 43.17	500m:	7:25.70 47.59	900m:	13:18.07 44.43	1300m:	19:23.91 46.31
	150m:	2:06.22 44.26	550m:	8:13.41 47.71	950m:	14:02.31 44.24	1400m:	20:55.62 1:31.71
	200m:	2:49.91 43.69	600m:	8:56.57 43.16	1000m:	14:47.33 45.02	1450m:	21:40.78 45.16
	250m:	3:35.22 45.31	650m:	9:39.09 42.52	1050m:	15:33.46 46.13	1500m:	22:20.76 39.98
	300m:	4:20.97 45.75	700m:	10:21.62 42.53	1100m:	16:19.94 46.48		
	350m:	5:06.45 45.48	750m:	11:05.34 43.72	1150m:	17:06.69 46.75		
	400m:	5:51.49 45.04	800m:	11:49.01 43.67	1200m:	17:53.79 47.10		

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JUIZ ÁRBITRO  
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Nuno Maximiano